EDMONDS WATERFRONT CENTER NOVEMBER 2026 ACTIVITY CALENDAR

Mon	Tue	Wed	Thu	Fri
2 8:30a (allday) Ping Pong/Table Tennis (GR) 8:30a (allday) Pool/Billiards (GR) **9a** Inside Health Institute Clinic (Clinic Rooms) **9a** Trip Sign-Ups (2nd Floor Guest Services) **9a** DROP IN Prenatal Yoga **9a** Prenatal Yoga (MP3) **9a** Toddler/Preschooler Play Group (MP4) **9:30a** Ageless Strength: Balance Flexibility & Power (MP 1&2) **10a** Rolling Crone Singers (MP3) **10:30a** Baby & Me Yoga (MP4) **10:30a** Drop In Baby & Me Yoga **10:45a** Gentle Chair Yoga: Strength Flexibility & Relaxation for All Abilities (MP 1&2) **11:30a** Live Music with Jan on Piano (BR) **11:30a** Homage / EWC Community Lunch (BR) **12p** Driftwood Sculpture (MP4) **1p** Bingo (MP1&2) **1p** Get Empowered: Embrace Your Mental Well-Being (CRB) **4p** Acoustic Guitar Group (MP3) **4:15p** Jazzercise (MP1&2)	**3** 8:30a (allday) Ping Pong/Table Tennis (GR) 8:30a (allday) Pool/Billiards (GR) **8:30a** Pinochle (MP3) **8:45a** Bridge - Party (MP4) **9:30a** Tuesday Walkers **10a** Tuesday Gentle Yoga (MP1&2) **11:30a** Live Music with Jack Roy-Feczko (BR) **11:30a** Homage / EWC Community Lunch (BR) **11:30a** Intermediate Tai Chi (MP1&2) **12:15p** Mah Jongg - American (MP3) **12:30p** Edmonds Writers Group (MP4) **1p** Dancing & Live Music at Ballinger (LBC) **1p** Sound Singers Choir (MP1&2) **3:30p** Edmonds Crafters Group (MP3) **3:30p** Knit (K)Now (MP4) **4p** Great Decisions 2026 (CRB) **4:15p** Jazzercise (MP1&2) **6p** Line Dancing 6pm - Level 2 (MP1&2)	**4** 8:00a (allday) Footcare (The Studio) 8:30a (allday) Ping Pong/Table Tennis (GR) 8:30a (allday) Pool/Billiards (GR) **9a** Friendship Quilters (MP4) **9a** DROP IN Prenatal Yoga **9a** Prenatal Yoga (MP3) **9:45a** Functional Fitness at EWC (MP 1&2) **9:45a** Functional Fitness on Zoom **10a** Current Events Discussion Morning Group (CRB) **10:45a** Forever Fit at EWC (MP 1&2) **10:45a** Forever Fit on Zoom **11a** Live Music with Nick Baker (BR) **11:30a** Homage / EWC Community Lunch (BR) **12:30p** Current Events Discussion Afternoon Group (CRB) **1p** Mah Jongg - Chinese (MP3) **1p** Edmonds Ukulele Aikanes (MP1&2) **2:30p** Drop-In Feldenkrais **2:30p** Improving Movement with the Feldenkrais Method - Group Series (MP4) **4:15p** Jazzercise (MP1&2) **4:15p** Line Dancing 4:15pm - Level 1 (MP3) **6p** STRUM (MP1&2) **6p** DROP IN Evening Prenatal Yoga (MP4) **6p** Evening Prenatal Yoga (MP4)	**5** 8:00a (allday) Footcare (The Studio) 8:30a (allday) Ping Pong/Table Tennis (GR) 8:30a (allday) Pool/Billiards (GR) **8:30a** Woodcarving (MP4) **9a** Thursday Gentle Yoga (MP1&2) **10a** German Club (CRB) **11a** Beginner Tai Chi (MP1&2) **11:30a** Homage / EWC Community Lunch (BR) **12p** Live Music with Ruben Barron (BR) **12:45p** Senior Swingers Orchestra (MP1&2) **1p** MOVEMENT FOR LIFE/DANCE FOR ANY BODY (MP4) **1:30p** Bastyr Clinic (Clinic Rooms) **4p** Art with Nataliya: Elements of Art An Inspiring Art Class Series (MP3) **4:30p** Jazzercise (MP1&2) **6:30p** DROP IN Hatha Yoga - Evening Reset **6:30p** Hatha Yoga - Evening Reset (MP1&2)	**6** 8:30a (allday) Pool/Billiards (GR) **8:30a** Community Breakfast (BR) **9a** DROP IN Prenatal Yoga **9a** Prenatal Yoga (MP3) **9:45a** Functional Fitness at EWC (MP 1&2) **9:45a** Functional Fitness on Zoom **10:30a** Baby & Me Yoga (MP4) **10:30a** Drop In Baby & Me Yoga **10:45a** Forever Fit at EWC (MP 1&2) **10:45a** Forever Fit on Zoom **11:30a** Live Music with Mark Ellis Trio (BR) **11:30a** Homage / EWC Community Lunch (BR) **12p** Ping Pong/Table Tennis (Studio) **12:15p** Mah Jongg - American (MP4) **1p** Rug Braiding (CRB) **1p** Aging Well with Health and Happiness & Mindful Meditation Group (MP1&2) **1:15p** Line Dancing 1:15pm - Level 1 (MP3) **2:30p** Line Dancing 2:30pm - Level 3 (MP3)
9 8:00a (allday) Mammovan (Location - SE Side of Parking Lot) 8:30a (allday) Ping Pong/Table Tennis (GR) 8:30a (allday) Pool/Billiards (GR) **9a** Inside Health Institute Clinic (Clinic Rooms) **9a** DROP IN Prenatal Yoga **9a** Prenatal Yoga (MP3) **9a** Toddler/Preschooler Play Group (MP4) **9:30a** Ageless Strength: Balance Flexibility & Power (MP 1&2) **10a** Financial Services (CR 1) **10a** Rolling Crone Singers (MP3) **10:30a** Baby & Me Yoga (MP4) **10:30a** Drop In Baby & Me Yoga **10:45a** Gentle Chair Yoga: Strength Flexibility & Relaxation for All Abilities (MP 1&2) **11:30a** Live Music with Lito Castro (BR) **11:30a** Homage / EWC Community Lunch (BR) **12p** Driftwood Sculpture (MP4) **1p** Bingo (MP1&2) **4p** Acoustic Guitar Group (MP3) **4:15p** Jazzercise (MP1&2)	**10** 8:30a (allday) Ping Pong/Table Tennis (GR) 8:30a (allday) Pool/Billiards (GR) **8:30a** Pinochle (MP3) **8:45a** Bridge - Party (MP4) **9:30a** Tuesday Walkers **10a** Tuesday Gentle Yoga (MP1&2) **11:30a** Live Music with Jack Roy-Feczko (BR) **11:30a** Homage / EWC Community Lunch (BR) **11:30a** Intermediate Tai Chi (MP1&2) **12:15p** Mah Jongg - American (MP3) **12:30p** Edmonds Writers Group (MP4) **1p** Dancing & Live Music at Ballinger (LBC) **1p** Let's Talk: A Workshop for Breaking Free from Frustrating Conversations (CRB) **1p** Sound Singers Choir (MP1&2) **2p** Memory Cafe: Early Stage with Caregivers (CRA) **3:30p** Edmonds Crafters Group (MP3) **3:30p** Knit (K)Now (MP4) **4p** Great Decisions 2026 (CRB) **4:15p** Jazzercise (MP1&2) **5:30p** Alzheimer/Dementia Caregiver Support Group (CRB) **6p** Line Dancing 6pm - Level 2 (MP1&2) **6:30p** Cascade Symphony Orchestra presents a Fall Chamber Music Concert (BR)	**11** CLOSED FOR VETERANS DAY	**12** 8:00a (allday) Footcare (The Studio) 8:30a (allday) Ping Pong/Table Tennis (GR) 8:30a (allday) Pool/Billiards (GR) **8:30a** Woodcarving (MP4) **9a** Thursday Gentle Yoga (MP1&2) **10a** German Club (CRB) **11a** Beginner Tai Chi (MP1&2) **11:30a** Homage / EWC Community Lunch (BR) **12p** Auxiliary to the VFW (CRB) **12p** Live Music with Bob Antolin (BR) **12:45p** Senior Swingers Orchestra (MP1&2) **1p** MOVEMENT FOR LIFE/DANCE FOR ANY BODY (MP4) **1:30p** Bastyr Clinic (Clinic Rooms) **4p** Art with Nataliya: Elements of Art An Inspiring Art Class Series (MP3) **4:30p** Jazzercise (MP1&2) **6:30p** DROP IN Hatha Yoga - Evening Reset **6:30p** Hatha Yoga - Evening Reset (MP1&2)	**13** 8:30a (allday) Pool/Billiards (GR) **9a** DROP IN Prenatal Yoga **9a** Prenatal Yoga (MP3) **9:30a** Prescription Drug Assistance Network (Clinic) **9:45a** Functional Fitness at EWC (MP 1&2) **9:45a** Functional Fitness on Zoom **10:30a** Baby & Me Yoga (MP4) **10:30a** Drop In Baby & Me Yoga **10:45a** Forever Fit at EWC (MP 1&2) **10:45a** Forever Fit on Zoom **11:30a** Live Music with Mark Ellis Trio (BR) **11:30a** Homage / EWC Community Lunch (BR) **12p** Ping Pong/Table Tennis (Studio) **12:15p** Mah Jongg - American (MP4) **1p** Rug Braiding (CRB) **1p** Aging Well with Health and Happiness & Mindful Meditation Group (MP1&2) **1:15p** Line Dancing 1:15pm - Level 1 (MP3) **2:30p** Line Dancing 2:30pm - Level 3 (MP3)

Mon	Tue	Wed	Thu	Fri
16 8:30a (allday) Ping Pong/Table Tennis (GR) 8:30a (allday) Pool/Billiards (GR) **9a** Inside Health Institute Clinic (Clinic Rooms) **9a** DROP IN Prenatal Yoga **9a** Prenatal Yoga (MP3) **9a** Toddler/Preschooler Play Group (MP4) **9:30a** Ageless Strength: Balance Flexibility & Power (MP 1&2) **10a** Rolling Crone Singers (MP3) **10:30a** Baby & Me Yoga (MP4) **10:30a** Drop In Baby & Me Yoga **10:45a** Gentle Chair Yoga: Strength Flexibility & Relaxation for All Abilities (MP 1&2) **11:30a** Live Music with Jan on Piano (BR) **11:30a** Homage / EWC Community Lunch (BR) **12p** Driftwood Sculpture (MP4) **1p** Bingo (MP1&2) **4p** Acoustic Guitar Group (MP3) **4:15p** Jazzercise (MP1&2)	**17** 8:30a (allday) Ping Pong/Table Tennis (GR) 8:30a (allday) Pool/Billiards (GR) **8:30a** Pinochle (MP3) **8:45a** Bridge - Party (MP4) **9:30a** Tuesday Walkers **10a** Tuesday Gentle Yoga (MP1&2) **11:30a** Live Music with Jack Roy-Feczko (BR) **11:30a** Homage / EWC Community Lunch (BR) **11:30a** Intermediate Tai Chi (MP1&2) **12:15p** Mah Jongg - American (MP3) **12:30p** Edmonds Writers Group (MP4) **1p** Dancing & Live Music at Ballinger (LBC) **1p** Let's Talk: A Workshop for Breaking Free from Frustrating Conversations (CRB) **1p** Sound Singers Choir (MP1&2) **3:30p** Edmonds Crafters Group (MP3) **3:30p** Knit (K)Now (MP4) **4p** Great Decisions 2026 (CRB) **4:15p** Jazzercise (MP1&2) **6p** Line Dancing 6pm - Level 2 (MP1&2)	**18** 8:30a (allday) Ping Pong/Table Tennis (GR) 8:30a (allday) Pool/Billiards (GR) **9a** Friendship Quilters (MP4) **9a** Tech Help - 1 on 1 (CRA) **9a** DROP IN Prenatal Yoga **9a** Prenatal Yoga (MP3) **9:45a** Functional Fitness at EWC (MP 1&2) **9:45a** Functional Fitness on Zoom **10a** Current Events Discussion Morning Group (CRB) **10:30a** No Fear Torn Paper Mosaics **10:45a** Forever Fit at EWC (MP 1&2) **10:45a** Forever Fit on Zoom **11a** Ask a Librarian (CL) **11a** Live Music with Nick Baker (BR) **11:30a** Homage / EWC Community Lunch (BR) **12p** Monthly Birthday Celebration (BR) **12:30p** Current Events Discussion Afternoon Group (CRB) **1p** Homage Counseling (Clinic) **1p** Mah Jongg - Chinese (MP3) **1p** Edmonds Ukulele Aikanes (MP1&2) **2:30p** Drop-In Feldenkrais **2:30p** Improving Movement with the Feldenkrais Method - Group Series (MP4) **4:15p** Jazzercise (MP1&2) **4:15p** Line Dancing 4:15pm - Level 1 (MP3) **6p** STRUM (MP1&2) **6p** DROP IN Evening Prenatal Yoga (MP4) **6p** Evening Prenatal Yoga (MP4)	**19** 8:30a (allday) Ping Pong/Table Tennis (GR) 8:30a (allday) Pool/Billiards (GR) **8:30a** Woodcarving (MP4) **9a** Thursday Gentle Yoga (MP1&2) **10a** Help to Apply for Property Tax Exemption (Studio) **10a** German Club (CRB) **10:30a** No Fear Watercolor - Intermediate **11a** Beginner Tai Chi (MP1&2) **11:30a** Homage / EWC Community Lunch (BR) **12p** Live Music with Ruben Barron (BR) **12:45p** Senior Swingers Orchestra (MP1&2) **1p** MOVEMENT FOR LIFE/DANCE FOR ANY BODY (MP4) **1p** Science of Happiness (CRB) **1:30p** Bastyr Clinic (Clinic Rooms) **1:30p** Intergenerational Book Group (Zoom) **4p** Art with Nataliya: Elements of Art An Inspiring Art Class Series (MP3) **4:30p** Jazzercise (MP1&2) **6:30p** EWC Environmental Series The Secret Lives of Crabs Shrimps and Creatures Lurking in the Salish Sea (BR) **6:30p** DROP IN Hatha Yoga - Evening Reset **6:30p** Hatha Yoga - Evening Reset (MP1&2)	**20** 8:30a (allday) Pool/Billiards (GR) **9a** Nourish & Thrive: Your Personalized Nutrition Session (CR 2) **9a** DROP IN Prenatal Yoga **9:30a** EWC Pride Circle (CRA) **9:45a** Functional Fitness at EWC (MP 1&2) **9:45a** Functional Fitness on Zoom **10a** Grief Support Group (CRB) **10:30a** No Fear Watercolor - Beginning **10:30a** Drop In Baby & Me Yoga **10:45a** Forever Fit at EWC (MP 1&2) **10:45a** Forever Fit on Zoom **11:30a** Live Music with Danny Lambino (BR) **11:30a** Thanksgiving Holiday Lunch (BR) **12p** Ping Pong/Table Tennis (Studio) **12:15p** Mah Jongg - American (MP4) **1p** Flavors of the Middle East - Lebanese Cooking Demo (MP 1&2) **1p** Rug Braiding (CRB) **1:15p** Line Dancing 1:15pm - Level 1 (MP3) **2:30p** Line Dancing 2:30pm - Level 3 (MP3)
23 8:30a (allday) Ping Pong/Table Tennis (GR) 8:30a (allday) Pool/Billiards (GR) **9a** Inside Health Institute Clinic (Clinic Rooms) **9a** DROP IN Prenatal Yoga **9a** Toddler/Preschooler Play Group (MP4) **9:30a** Ageless Strength: Balance Flexibility & Power (MP 1&2) **10a** Rolling Crone Singers (MP3) **10:30a** Drop In Baby & Me Yoga **10:45a** Gentle Chair Yoga: Strength Flexibility & Relaxation for All Abilities (MP 1&2) **11:30a** Live Music with Lito Castro (BR) **11:30a** Homage / EWC Community Lunch (BR) **12p** Driftwood Sculpture (MP4) **1p** Legal Services (Clinic Rm 1 & 3) **1p** Bingo (MP1&2) **4p** Acoustic Guitar Group (MP3) **4:15p** Jazzercise (MP1&2) **6:30p** Sound Bath By Candlelight (MP3)	**24** 8:00a (allday) Bloodworks NW (The Studio) 8:30a (allday) Ping Pong/Table Tennis (GR) 8:30a (allday) Pool/Billiards (GR) **8:30a** Pinochle (MP3) **8:45a** Bridge - Party (MP4) **9:30a** Tuesday Walkers **10a** Demystifying Medical Bills One-on-One Clinic **10a** Tuesday Gentle Yoga (MP1&2) **11:30a** Live Music with Jack Roy-Feczko (BR) **11:30a** Homage / EWC Community Lunch (BR) **11:30a** Intermediate Tai Chi (MP1&2) **12:15p** Mah Jongg - American (MP3) **12:30p** Edmonds Writers Group (MP4) **1p** Dancing & Live Music at Ballinger (LBC) **1p** Sound Singers Choir (MP1&2) **3:30p** Edmonds Crafters Group (MP3) **3:30p** Knit (K)Now (MP4) **4:15p** Jazzercise (MP1&2)	**25** 8:30a (allday) Ping Pong/Table Tennis (GR) 8:30a (allday) Pool/Billiards (GR) **9a** Friendship Quilters (MP4) **9a** DROP IN Prenatal Yoga **9:45a** Functional Fitness at EWC (MP 1&2) **9:45a** Functional Fitness on Zoom **10a** Current Events Discussion Morning Group (CRB) **10:45a** Forever Fit at EWC (MP 1&2) **10:45a** Forever Fit on Zoom **11a** Live Music with Nick Baker (BR) **11:30a** Homage / EWC Community Lunch (BR) **12:30p** Current Events Discussion Afternoon Group (CRB) **1p** Homage Counseling (Clinic) **1p** Edmonds Ukulele Aikanes (MP1&2) **2:30p** Alzheimer's/Dementia Caregivers Support Group (MP3) **2:30p** Drop-In Feldenkrais **2:30p** Improving Movement with the Feldenkrais Method - Group Series (MP4) **4:15p** Jazzercise (MP1&2)	**26** CLOSED FOR THANKSGIVING	**27** CLOSED FOR THANKSGIVING

Mon	Tue	Wed	Thu	Fri
23	**24** **6p** Line Dancing 6pm - Level 2 (MP1&2)	**25** **4:15p** Line Dancing 4:15pm - Level 1 (MP3) **6p** STRUM (MP1&2)	**26**	**27**
30 8:30a (allday) Ping Pong/Table Tennis (GR) 8:30a (allday) Pool/Billiards (GR) **9a** Inside Health Institute Clinic (Clinic Rooms) **9a** DROP IN Prenatal Yoga **9a** Prenatal Yoga (MP3) **9a** Toddler/Preschooler Play Group (MP4) **9:30a** Ageless Strength: Balance Flexibility & Power (MP 1&2) **10a** Rolling Crone Singers (MP3) **10:30a** Baby & Me Yoga (MP4) **10:30a** Drop In Baby & Me Yoga **10:45a** Gentle Chair Yoga: Strength Flexibility & Relaxation for All Abilities (MP 1&2) **11:30a** Live Music with Jan on Piano (BR) **11:30a** Homage / EWC Community Lunch (BR) **12p** Driftwood Sculpture (MP4) **1p** SUPER Bingo sponsored by Rosewood Courte (MP1&2) **4p** Acoustic Guitar Group (MP3) **4:15p** Jazzercise (MP1&2)	1	2	3	4