

Monday	Tuesday	Wednesday	Thursday	Friday
2 Pork Chop Patty Scalloped Potatoes Steamed Vegetables Pears Dinner Roll	3 Sweet and Sour Chicken Steamed Rice Stir Fry Veggies Mandarin Oranges	4 Lasagna Breadstick Steamed Broccoli Apricots	5 Grilled Chicken Sandwich w/ lettuce and tomato Potato Wedges Pea and Cheese salad Fresh Fruit	6 Salisbury Steak w/mashed potatoes and gravy Mixed Vegetables Applesauce Dinner Roll
9 Vegetable Quiche Roasted Potatoes Yogurt Muffin Fresh Fruit	10 Lemon Pepper Pollock Baked Potato w/ Sour Cream Steamed Veggies Peaches Dinner Roll	11 No Lunch Service 	12 Italian Salad Stuffed Shells w/ marinara and parmesan Breadstick Pears	13 Vegetable Soup Warm Ham and Swiss on Ciabatta Roll Cookie Fresh Fruit
16 Tender Beef Strips w/ mushroom gravy over egg noodles Green Beans Dinner Roll Apricots	17 Golden Baked Chicken w/ Rice and gravy Steamed Broccoli Peaches Dinner Roll	18 Tomato Bisque Soup Grilled Cheese Sun Chips Fresh Fruit	19 Coleslaw Crispy Fish Fillet on Hoagie Roll w/ Lettuce and Tarter French Fries Pineapple	20 Thanksgiving Meal Roasted Turkey/ Stuffing Mashed Potatoes w/Gravy Cranberry Sauce Garden Vegetables Pumpkin Pie Dinner Roll
23 Lemon Pepper Drumsticks Harvest Rice Pilaf Steamed Vegetables Mandarin Oranges Dinner Roll	24 Turkey Pot Pie w/ biscuit top Garden Salad Tropical Fruit Cookie	25 Bowl of Chili topped w/ green onion and shredded cheddar Tortilla Chips Fresh Fruit	26 No Lunch Service 	27 No Lunch Holiday Observance
30 Pasta Salad Tuna Melt Sun Chips Fresh Fruit				

1% milk, 2oz of whole grain, and fortified margarine are available with all meals. All fresh produce is subject to availability. Substitutions may be made without notice.

Suggested meal donation for eligible persons is \$5.00. For non-eligible people, (aged 59 & younger) cost is \$9.00 per meal