

Monday	Tuesday	Wednesday	Thursday	Friday
	1 Turkey Pot Pie w/ biscuit top Broccoli Tropical Fruit Cookie	2 Lentil Soup Egg Salad Sandwich Dilled Cucumber Salad Fresh Fruit	3 Pasta Salad Tuna Melt Sun Chips Fresh Fruit	4 Teriyaki Chicken Bowl w/ Rice, Chicken, and stir fry veggies. Egg Roll Mandarin Oranges
7 <i>Labor Day!</i> No Meals Provided	8 Pickled Beet Salad Oven Fried Chicken Rice Pilaf Pineapple Dinner Roll	9 Baked Potato Soup Grilled Turkey and Cheese French Fries Banana Pudding Parfait	10 Black Bean Salad Chicken Fajitas w/sour cream and salsa Spanish Rice Mandarin Oranges	11 Meatloaf w/ mashed potatoes and gravy Steamed Carrots Fresh Fruit Dinner Roll
14 Chicken Salad on Croissant with lettuce and tomato Fresh Veggies and Dip Chips Fresh Fruit	15 Swedish Meatballs over egg noodles Steamed Carrots Mixed Fruit Dinner Roll	16 Baked Fish Wild Rice Steamed Vegetables Dinner Roll Peaches	17 Minestrone Soup Club Sandwich Cookie Fresh Fruit	18 Lasagna Breadstick Steamed Broccoli Apricots
21 Pork Chop Patty Scalloped Potatoes Steamed Vegetables Pears Dinner Roll	22 Sweet and Sour Chicken Steamed Rice Stir Fry Veggies Mandarin Oranges	23 Taco Salad w/ beef, cheese, sour cream, lettuce, salsa, and chips. Refried Beans Pineapple	24 Grilled Chicken Sandwich w/ lettuce and tomato Potato Wedges Pea and Cheese salad Fresh Fruit	25 Salisbury Steak w/mashed potatoes and gravy Mixed Vegetables Applesauce Dinner Roll
28 Vegetable Quiche Roasted Potatoes Yogurt Muffin Fresh Fruit	29 Lemon Pepper Pollock Baked Potato w/ Sour Cream Steamed Veggies Peaches Dinner Roll	30 Italian Salad Stuffed Shells w/ marinara and parmesan Breadstick Pears		

1% milk, 2 oz of whole grain, and fortified margarine are available with all meals. All fresh produce is subject to availability. Substitutions may be made without notice.

Suggested meal donation for eligible people (aged 60+) is \$5.00. For non-eligible people, (aged 59 & younger) cost is \$9.00 per meal