

| Mon                                                                                            | Tue                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         | Wed                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                | Thu                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       | Fri                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |
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| <div>31</div> <div>EDMONDS WATERFRONT CENTER</div> <div>SEPTEMBER 2026 ACTIVITY CALENDAR</div> | <div>1</div> <div>8:30a (allday) Ping Pong/Table Tennis (GR)<br/>8:30a (allday) Pool/Billiards (GR)<br/><b>8:30a</b> Pinochle (MP3)<br/><b>8:45a</b> Bridge - Party (MP4)<br/><b>9a</b> Trip Sign-Ups (2nd Floor Guest Services)<br/><b>9:30a</b> Tuesday Walkers<br/><b>10a</b> Tuesday Gentle Yoga (MP1&amp;2)<br/><br/><b>11:30a</b> Live Music with Jack Roy-Feczko (BR)<br/><b>11:30a</b> Homage / EWC Community Lunch (BR)<br/><b>11:30a</b> Intermediate Tai Chi (MP1&amp;2)<br/><br/><b>12:15p</b> Mah Jongg - American (MP3)<br/><b>12:30p</b> Edmonds Writers Group (MP4)<br/><br/><b>1p</b> Dancing &amp; Live Music at Ballinger (LBC)<br/><b>1p</b> Sound Singers Choir (MP1&amp;2)<br/><b>1p</b> Everyday Wellness for Healthy Aging: Practical Nutrition Stress Relief &amp; Daily Routines at Any Age (CRB)<br/><b>3:30p</b> Edmonds Crafters Group (MP3)<br/><br/><b>3:30p</b> Knit (K)Now (MP4)<br/><b>4:15p</b> Jazzercise (MP1&amp;2)<br/><b>6p</b> Line Dancing 6pm - Evening Beginner+ (MP1&amp;2)</div>                              | <div>2</div> <div>8:00a (allday) Footcare (The Studio)<br/>8:30a (allday) Ping Pong/Table Tennis (GR)<br/>8:30a (allday) Pool/Billiards (GR)<br/><b>9a</b> Tech Help - 1 on 1 (CRA)<br/><b>9a</b> DROP IN Prenatal Yoga<br/><b>9a</b> Prenatal Yoga (MP3)<br/><b>9:30a</b> Friendship Quilters (MP4)<br/><br/><b>9:45a</b> Functional Fitness at EWC (MP 1&amp;2)<br/><b>9:45a</b> Functional Fitness on Zoom<br/><br/><b>10a</b> Current Events Discussion Morning Group (CRB)<br/><b>10:45a</b> Forever Fit at EWC (MP 1&amp;2)<br/><b>10:45a</b> Forever Fit on Zoom<br/><br/><b>11a</b> Ask a Librarian (CL)<br/><b>11a</b> Live Music with Nick Baker (BR)<br/><b>11:30a</b> Homage / EWC Community Lunch (BR)<br/><br/><b>12:30p</b> Current Events Discussion Afternoon Group (CRB)<br/><b>1p</b> Mah Jongg - Chinese (MP3)<br/><b>1p</b> Edmonds Ukulele Aikanes (MP1&amp;2)<br/><b>2:30p</b> Drop-In Feldenkrais<br/><b>2:30p</b> Improving Movement with the Feldenkrais Method - Group Series (MP4)<br/><b>4:15p</b> Jazzercise (MP1&amp;2)<br/><b>4:15p</b> Line Dancing 4:15pm - Beginner (MP3)<br/><b>6p</b> STRUM (MP1&amp;2)</div> | <div>3</div> <div>8:00a (allday) Footcare (The Studio)<br/>8:30a (allday) Ping Pong/Table Tennis (GR)<br/>8:30a (allday) Pool/Billiards (GR)<br/><b>8:30a</b> Woodcarving (MP4)<br/><b>9a</b> Thursday Gentle Yoga (MP1&amp;2)<br/><b>11a</b> Beginner Tai Chi (MP1&amp;2)<br/><b>11:30a</b> Homage / EWC Community Lunch (BR)<br/><b>12p</b> Live Music with Ruben Barron (BR)<br/><b>1p</b> MOVEMENT FOR LIFE/DANCE FOR ANY BODY (MP4)<br/><b>1:30p</b> Bastyr Clinic (Clinic Rooms)<br/><br/><b>4:30p</b> Jazzercise (MP1&amp;2)<br/><b>6:30p</b> DROP IN Evening Yoga<br/><br/><b>6:30p</b> Evening Yoga (MP1&amp;2)</div>                                                                                                                                                                                                                                                                                                                            | <div>4</div> <div>8:30a (allday) Pool/Billiards (GR)<br/><b>8:30a</b> Community Breakfast (BR)<br/><b>9a</b> DROP IN Prenatal Yoga<br/><b>9a</b> Prenatal Yoga (MP3)<br/><b>9:45a</b> Functional Fitness at EWC (MP 1&amp;2)<br/><b>9:45a</b> Functional Fitness on Zoom<br/><b>10:30a</b> Baby &amp; Me Yoga (MP4)<br/><br/><b>10:30a</b> Drop In Baby &amp; Me Yoga<br/><b>10:45a</b> Forever Fit at EWC (MP 1&amp;2)<br/><br/><b>10:45a</b> Forever Fit on Zoom<br/><br/><b>11:30a</b> Live Music by Mark Ellis Trio (BR)<br/><b>11:30a</b> Homage / EWC Community Lunch (BR)<br/><b>12p</b> Ping Pong/Table Tennis (Studio)<br/><b>12:15p</b> Mah Jongg - American (MP4)<br/><b>1p</b> Rug Braiding (CRB)<br/><br/><b>1:15p</b> Line Dancing 1:15pm - Beginner (MP3)<br/><br/><b>2:30p</b> Line Dancing 2:30pm - Intermediate (MP3)</div>                                                                                        |
| <div>7</div> <div>CLOSED FOR HOLIDAY</div>                                                     | <div>8</div> <div>8:30a (allday) Ping Pong/Table Tennis (GR)<br/>8:30a (allday) Pool/Billiards (GR)<br/><br/><b>8:30a</b> Pinochle (MP3)<br/><b>8:45a</b> Bridge - Party (MP4)<br/><br/><b>9:30a</b> Aches and Pain Injury Screen with Grace (Clinic)<br/><b>9:30a</b> Tuesday Walkers<br/><b>10a</b> Tuesday Gentle Yoga (MP1&amp;2)<br/><br/><b>11:30a</b> Live Music with Jack Roy-Feczko (BR)<br/><br/><b>11:30a</b> Homage / EWC Community Lunch (BR)<br/><b>11:30a</b> Intermediate Tai Chi (MP1&amp;2)<br/><br/><b>12:15p</b> Mah Jongg - American (MP3)<br/><b>12:30p</b> Edmonds Writers Group (MP4)<br/><b>1p</b> Dancing &amp; Live Music at Ballinger (LBC)<br/><br/><b>1p</b> Sound Singers Choir (MP1&amp;2)<br/><br/><b>1p</b> Everyday Wellness for Healthy Aging: Practical Nutrition Stress Relief &amp; Daily Routines at Any Age (CRB)<br/><b>2p</b> Memory Cafe: Early Stage with Caregivers (CRA)<br/><b>3:30p</b> Edmonds Crafters Group (MP3)<br/><b>3:30p</b> Knit (K)Now (MP4)<br/><br/><b>4:15p</b> Jazzercise (MP1&amp;2)</div> | <div>9</div> <div>8:00a (allday) Footcare (The Studio)<br/>8:30a (allday) Ping Pong/Table Tennis (GR)<br/><br/>8:30a (allday) Pool/Billiards (GR)<br/><b>9a</b> DROP IN Prenatal Yoga<br/><br/><b>9a</b> Prenatal Yoga (MP3)<br/><br/><b>9:30a</b> Friendship Quilters (MP4)<br/><b>9:45a</b> Functional Fitness at EWC (MP 1&amp;2)<br/><br/><b>9:45a</b> Functional Fitness on Zoom<br/><br/><b>10a</b> Current Events Discussion Morning Group (CRB)<br/><b>10:30a</b> No Fear Drawing (MP3)<br/><br/><b>10:45a</b> Forever Fit at EWC (MP 1&amp;2)<br/><b>10:45a</b> Forever Fit on Zoom<br/><b>11a</b> Live Music with Nick Baker (BR)<br/><br/><b>11:30a</b> Homage / EWC Community Lunch (BR)<br/><b>12:30p</b> Current Events Discussion Afternoon Group (CRB)<br/><br/><b>1p</b> Homage Counseling (Clinic)<br/><br/><b>1p</b> Edmonds Ukulele Aikanes (MP1&amp;2)<br/><b>2p</b> Alzheimer's/Dementia Caregivers Support Group (MP3)<br/><b>2:30p</b> Drop-In Feldenkrais</div>                                                                                                                                                           | <div>10</div> <div>8:00a (allday) Footcare (The Studio)<br/>8:00a (allday) HIKE - Fragrance Lake Loop/Larrabee<br/>8:30a (allday) Ping Pong/Table Tennis (GR)<br/>8:30a (allday) Pool/Billiards (GR)<br/><br/><b>8:30a</b> Woodcarving (MP4)<br/><br/><b>9a</b> Thursday Gentle Yoga (MP1&amp;2)<br/><b>10a</b> German Club (CRB)<br/><br/><b>10:30a</b> No Fear Watercolor - Intermediate (MP3)<br/><b>11a</b> Beginner Tai Chi (MP1&amp;2)<br/><br/><b>11:30a</b> Homage / EWC Community Lunch (BR)<br/><b>12p</b> Auxiliary to the VFW (CRB)<br/><b>12p</b> Live Music with Bob Antolin (BR)<br/><b>12:45p</b> Senior Swingers Orchestra (MP1&amp;2)<br/><br/><b>1p</b> MOVEMENT FOR LIFE/DANCE FOR ANY BODY (MP4)<br/><b>1:30p</b> Bastyr Clinic (Clinic Rooms)<br/><br/><b>1:30p</b> No Fear Portraits (MP3)<br/><br/><b>4:30p</b> Jazzercise (MP1&amp;2)<br/><b>6:30p</b> DROP IN Evening Yoga<br/><br/><b>6:30p</b> Evening Yoga (MP1&amp;2)</div> | <div>11</div> <div>8:30a (allday) Pool/Billiards (GR)<br/><b>9a</b> DROP IN Prenatal Yoga<br/><br/><b>9a</b> Prenatal Yoga (MP3)<br/><b>9:30a</b> Prescription Drug Assistance Network (Clinic)<br/><b>9:45a</b> Functional Fitness at EWC (MP 1&amp;2)<br/><br/><b>9:45a</b> Functional Fitness on Zoom<br/><b>10:30a</b> No Fear Watercolor - Beginning (MP3)<br/><b>10:30a</b> Baby &amp; Me Yoga (MP4)<br/><br/><b>10:30a</b> Drop In Baby &amp; Me Yoga<br/><br/><b>10:45a</b> Forever Fit at EWC (MP 1&amp;2)<br/><br/><b>10:45a</b> Forever Fit on Zoom<br/><b>11:30a</b> Live Music by Mark Ellis Trio (BR)<br/><b>11:30a</b> Homage / EWC Community Lunch (BR)<br/><b>12p</b> Ping Pong/Table Tennis (Studio)<br/><b>12:15p</b> Mah Jongg - American (MP4)<br/><br/><b>1p</b> Rug Braiding (CRB)<br/><br/><b>1:15p</b> Line Dancing 1:15pm - Beginner (MP3)<br/><b>2:30p</b> Line Dancing 2:30pm - Intermediate (MP3)</div> |

| Mon                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                | Tue                               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| <b>7</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           | <b>8</b>                          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                                                                                             | <b>11</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 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|                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    | <b>5:30p</b> Alzheimer/Dementia Caregiver Support Group (CRB)<br><b>6p</b> Line Dancing 6pm - Evening Beginner+ (MP1&2)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     | <b>2:30p</b> Improving Movement with the Feldenkrais Method - Group Series (MP4)<br><b>4:15p</b> Jazzercise (MP1&2)<br><b>4:15p</b> Line Dancing 4:15pm - Beginner (MP3)<br><b>6p</b> STRUM (MP1&2)<br><b>6p</b> DROP IN Evening Prenatal Yoga (MP4)<br><b>6p</b> Evening Prenatal Yoga (MP4)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               |
| <b>14</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          | <b>15</b>                         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       | <b>17</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    | <b>18</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |
| 8:00a (allday) Mammovan (Location - SE Side of Parking Lot)<br>8:30a (allday) Ping Pong/Table Tennis (GR)<br><br>8:30a (allday) Pool/Billiards (GR)<br><b>9a</b> Inside Health Institute Clinic (Clinic Rooms)<br><b>9a</b> DROP IN Prenatal Yoga<br><br><b>9a</b> Prenatal Yoga (MP3)<br><b>9a</b> Toddler Play Group (MP4)<br><br><b>9:30a</b> Ageless Strength: Balance Flexibility & Power (MP 1&2)<br><b>9:45a</b> SVNA COVID-19/Flu Clinic (Studio)<br><br><b>10a</b> Financial Services (CR 1)<br><br><b>10:30a</b> Baby & Me Yoga (MP4)<br><b>10:30a</b> Drop In Baby & Me Yoga<br><b>10:45a</b> Gentle Chair Yoga: Strength Flexibility & Relaxation for All Abilities (MP 1&2)<br><b>11:30a</b> Live Music with Lito Castro (BR)<br><br><b>11:30a</b> Homage / EWC Community Lunch (BR)<br><b>12p</b> Driftwood Sculpture (MP4)<br><b>12p</b> Rolling Crone Singers (MP3)<br><br><b>1p</b> Bingo (MP1&2)<br><b>4p</b> Acoustic Guitar Group (MP3)<br><br><b>4:15p</b> Jazzercise (MP1&2) | 8:30a (allday) Ping Pong/Table Tennis (GR)<br>8:30a (allday) Pool/Billiards (GR)<br><br><b>8:30a</b> Pinochle (MP3)<br><b>8:45a</b> Bridge - Party (MP4)<br><br><b>9:30a</b> Tuesday Walkers<br><br><b>10a</b> Smart Phone Basics with Liam (CRB)<br><b>10a</b> Tuesday Gentle Yoga (MP1&2)<br><br><b>11:30a</b> Live Music with Jack Roy-Feczko (BR)<br><b>11:30a</b> Homage / EWC Community Lunch (BR)<br><b>11:30a</b> Intermediate Tai Chi (MP1&2)<br><br><b>12:15p</b> Mah Jongg - American (MP3)<br><b>12:30p</b> Edmonds Writers Group (MP4)<br><b>1p</b> Dancing & Live Music at Ballinger (LBC)<br><br><b>1p</b> Sound Singers Choir (MP1&2)<br><br><b>1p</b> Demystifying Medical Bills (CRB)<br><br><b>3:30p</b> Edmonds Crafters Group (MP3)<br><b>3:30p</b> Knit (K)Now (MP4)<br><br><b>4:15p</b> Jazzercise (MP1&2)<br><b>6p</b> Line Dancing 6pm - Evening Beginner+ (MP1&2) | 8:30a (allday) Ping Pong/Table Tennis (GR)<br>8:30a (allday) Pool/Billiards (GR)<br><br><b>9a</b> Tech Help - 1 on 1 (CRA)<br><b>9a</b> DROP IN Prenatal Yoga<br><br><b>9a</b> Prenatal Yoga (MP3)<br><br><b>9:30a</b> Friendship Quilters (MP4)<br><b>9:45a</b> Functional Fitness at EWC (MP 1&2)<br><br><b>9:45a</b> Functional Fitness on Zoom<br><br><b>10a</b> Current Events Discussion Morning Group (CRB)<br><b>10:30a</b> No Fear Drawing (MP3)<br><br><b>10:45a</b> Forever Fit at EWC (MP 1&2)<br><b>10:45a</b> Forever Fit on Zoom<br><b>11a</b> Ask a Librarian (CL)<br><br><b>11a</b> Live Music with Nick Baker (BR)<br><br><b>11:30a</b> Homage / EWC Community Lunch (BR)<br><b>12p</b> Monthly Birthday Celebration (BR)<br><b>12:30p</b> Current Events Discussion Afternoon Group (CRB)<br><b>1p</b> Homage Counseling (Clinic)<br><b>1p</b> Mah Jongg - Chinese (MP3)<br><br><b>1p</b> Edmonds Ukulele Aikanes (MP1&2)<br><b>2:30p</b> Drop-In Feldenkrais<br><b>2:30p</b> Improving Movement with the Feldenkrais Method - Group Series (MP4)<br><b>4:15p</b> Jazzercise (MP1&2)<br><b>6p</b> STRUM (MP1&2)<br><b>6p</b> DROP IN Evening Prenatal Yoga (MP4)<br><b>6p</b> Evening Prenatal Yoga (MP4) | 8:30a (allday) Ping Pong/Table Tennis (GR)<br>8:30a (allday) Pool/Billiards (GR)<br><br><b>8:30a</b> Woodcarving (MP4)<br><b>9a</b> Thursday Gentle Yoga (MP1&2)<br><br><b>10a</b> Help to Apply for Property Tax Exemption (Studio)<br><b>10a</b> German Club (CRB)<br><b>10:30a</b> No Fear Watercolor - Intermediate (MP3)<br><b>11a</b> Beginner Tai Chi (MP1&2)<br><br><b>11:30a</b> Homage / EWC Community Lunch (BR)<br><b>11:45a</b> TRIP - Boehm's Candies & Chocolates Tour<br><b>12p</b> Live Music with Ruben Barron (BR)<br><b>12:45p</b> Senior Swingers Orchestra (MP1&2)<br><b>1p</b> MOVEMENT FOR LIFE/DANCE FOR ANY BODY (MP4)<br><br><b>1p</b> What I Wish I'd Known - A Stroke Survivor's Guide to Prevention (Zoom)<br><b>1:30p</b> Bastyr Clinic (Clinic Rooms)<br><br><b>1:30p</b> No Fear Portraits (MP3)<br><b>4p</b> Art with Nataliya - Landscapes of the Pacific Northwest Mini Watercolor (MP3)<br><b>4:30p</b> Jazzercise (MP1&2)<br><b>6:30p</b> Author Talk In the Range of Fire & Ice with David B. Williams (BR)<br><b>6:30p</b> DROP IN Evening Yoga<br><b>6:30p</b> Evening Yoga (MP1&2) | 8:30a (allday) Pool/Billiards (GR)<br><br><b>9a</b> Nourish & Thrive: Your Personalized Nutrition Session (CR 2)<br><b>9a</b> DROP IN Prenatal Yoga<br><b>9a</b> Prenatal Yoga (MP3)<br><br><b>9:30a</b> EWC Pride Circle (CRA)<br><br><b>9:45a</b> Functional Fitness at EWC (MP 1&2)<br><b>9:45a</b> Functional Fitness on Zoom<br><br><b>10a</b> Grief Support Group (CRB)<br><br><b>10:30a</b> No Fear Watercolor - Beginning (MP3)<br><b>10:30a</b> Baby & Me Yoga (MP4)<br><br><b>10:30a</b> Drop In Baby & Me Yoga<br><b>10:45a</b> Forever Fit at EWC (MP 1&2)<br><b>10:45a</b> Forever Fit on Zoom<br><br><b>11:30a</b> Live Music with Danny Lambino (BR)<br><br><b>11:30a</b> Homage / EWC Community Lunch (BR)<br><b>12p</b> Ping Pong/Table Tennis (Studio)<br><b>12:15p</b> Mah Jongg - American (MP4)<br><br><b>1p</b> Rug Braiding (CRB)<br><b>1p</b> Aging Well with Health and Happiness & Mindful Meditation Group (MP1&2) |
| <b>21</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          | <b>22</b>                         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       | <b>24</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    | <b>25</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |
| 8:30a (allday) Ping Pong/Table Tennis (GR)<br><br>8:30a (allday) Pool/Billiards (GR)<br><b>9a</b> Inside Health Institute Clinic (Clinic Rooms)<br><b>9a</b> DROP IN Prenatal Yoga<br><br><b>9a</b> Prenatal Yoga (MP3)<br><b>9a</b> Toddler Play Group (MP4)<br><br><b>9:30a</b> Ageless Strength: Balance Flexibility & Power (MP 1&2)<br><b>10:30a</b> Baby & Me Yoga (MP4)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     | 8:30a (allday) Ping Pong/Table Tennis (GR)<br>8:30a (allday) Pool/Billiards (GR)<br><b>8:30a</b> Pinochle (MP3)<br><br><b>8:45a</b> Bridge - Party (MP4)<br><br><b>9:30a</b> Tuesday Walkers<br><b>10a</b> Demystifying Medical Bills One-on-One Clinic<br><b>10a</b> Tuesday Gentle Yoga (MP1&2)<br><br><b>11:30a</b> Live Music with Jack Roy-Feczko (BR)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 | 8:30a (allday) Ping Pong/Table Tennis (GR)<br>8:30a (allday) Pool/Billiards (GR)<br><b>9a</b> DROP IN Prenatal Yoga<br><br><b>9a</b> Prenatal Yoga (MP3)<br><br><b>9:30a</b> Friendship Quilters (MP4)<br><b>9:45a</b> Functional Fitness at EWC (MP 1&2)<br><br><b>9:45a</b> Functional Fitness on Zoom<br><br><b>10a</b> Current Events Discussion Morning Group (CRB)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     | 7:00a (allday) HIKE - Huntoon Point/Artist Ridge Wild Goose Trail<br>8:30a (allday) Ping Pong/Table Tennis (GR)<br>8:30a (allday) Pool/Billiards (GR)<br><br><b>8:30a</b> Woodcarving (MP4)<br><br><b>9a</b> Thursday Gentle Yoga (MP1&2)<br><b>10a</b> German Club (CRB)<br><br><b>10:30a</b> No Fear Watercolor - Intermediate (MP3)<br><b>11a</b> Beginner Tai Chi (MP1&2)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                | 8:30a (allday) Pool/Billiards (GR)<br><br><b>9a</b> DROP IN Prenatal Yoga<br><b>9a</b> Prenatal Yoga (MP3)<br><br><b>9:30a</b> Prescription Drug Assistance Network (Clinic)<br><b>9:30a</b> Live Music with DaveN'Joanna (BR)<br><b>9:45a</b> Functional Fitness at EWC (MP 1&2)<br><br><b>9:45a</b> Functional Fitness on Zoom<br><br><b>10:30a</b> No Fear Watercolor - Beginning (MP3)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    |

| Mon                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         | Tue                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              | Wed                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           | Thu                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                | Fri                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 |
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| <b>21</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   | <b>22</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        | <b>23</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     | <b>24</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          | <b>25</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |
| <b>10:30a</b> Drop In Baby & Me Yoga<br><br><b>10:45a</b> Gentle Chair Yoga: Strength Flexibility & Relaxation for All Abilities (MP 1&2)<br><b>11:30a</b> Live Music with Jan on Piano (BR)<br><b>11:30a</b> Homage / EWC Community Lunch (BR)<br><b>12p</b> Driftwood Sculpture (MP4)<br><b>12p</b> Rolling Crone Singers (MP3)<br><br><b>1p</b> Bingo (MP1&2)<br><b>4p</b> Acoustic Guitar Group (MP3)<br><br><b>4:15p</b> Jazzercise (MP1&2)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            | <b>11:30a</b> Homage / EWC Community Lunch (BR)<br><b>11:30a</b> Intermediate Tai Chi (MP1&2)<br><br><b>12:15p</b> Mah Jongg - American (MP3)<br><b>12:30p</b> Edmonds Writers Group (MP4)<br><br><b>1p</b> Dancing & Live Music at Ballinger (LBC)<br><b>1p</b> Sound Singers Choir (MP1&2)<br><br><b>1p</b> Perfect Posture & Healthy Back Workshop (CRB)<br><b>3:30p</b> Edmonds Crafters Group (MP3)<br><br><b>3:30p</b> Knit (K)Now (MP4)<br><b>4:15p</b> Jazzercise (MP1&2)<br><br><b>5p</b> A Taste of Italy Spaghetti Dinner Fundraiser (BR)<br><b>6p</b> Line Dancing 6pm - Evening Beginner+ (MP1&2)                                                                                                                                                                                                                                                                                                                                   | <b>10:15a</b> TRIP - Woodland Park Zoo<br><br><b>10:30a</b> No Fear Drawing (MP3)<br><br><b>10:45a</b> Forever Fit at EWC (MP 1&2)<br><b>10:45a</b> Forever Fit on Zoom<br><br><b>11a</b> Live Music with Nick Baker (BR)<br><b>11:30a</b> Homage / EWC Community Lunch (BR)<br><b>12:30p</b> Current Events Discussion Afternoon Group (CRB)<br><b>1p</b> Homage Counseling (Clinic)<br><br><b>1p</b> Edmonds Ukulele Aikanes (MP1&2)<br><b>2:30p</b> Alzheimer's/Dementia Caregivers Support Group (MP3)<br><b>2:30p</b> Drop-In Feldenkrais<br><br><b>2:30p</b> Improving Movement with the Feldenkrais Method - Group Series (MP4)<br><b>4:15p</b> Jazzercise (MP1&2)<br><b>4:15p</b> Line Dancing 4:15pm - Beginner (MP3)<br><b>6p</b> STRUM (MP1&2)<br><b>6p</b> DROP IN Evening Prenatal Yoga (MP4)<br><b>6p</b> Evening Prenatal Yoga (MP4)                                                                                                                                                                                                           | <b>11:30a</b> Homage / EWC Community Lunch (BR)<br><b>12p</b> Live Music with Bob Antolin (BR)<br><br><b>12:45p</b> Senior Swingers Orchestra (MP1&2)<br><b>1p</b> MOVEMENT FOR LIFE/DANCE FOR ANY BODY (MP4)<br><b>1p</b> Introduction to Mindfulness (CRB)<br><b>1:30p</b> No Fear Portraits (MP3)<br><br><b>1:30p</b> Intergenerational Book Group (Zoom)<br><br><b>4p</b> Art with Nataliya - Local Wild Mushrooms Watercolor & Pen Ink (MP3)<br><b>4:30p</b> Jazzercise (MP1&2)<br><b>6:30p</b> DROP IN Evening Yoga<br><br><b>6:30p</b> Evening Yoga (MP1&2) | <b>10:30a</b> Baby & Me Yoga (MP4)<br><br><b>10:30a</b> Drop In Baby & Me Yoga<br><br><b>10:45a</b> Forever Fit at EWC (MP 1&2)<br><b>10:45a</b> Forever Fit on Zoom<br><br><b>11:30a</b> Live Music with Danny Lambino (BR)<br><b>11:30a</b> Homage / EWC Community Lunch (BR)<br><b>12p</b> Ping Pong/Table Tennis (Studio)<br><br><b>12:15p</b> Mah Jongg - American (MP4)<br><br><b>1p</b> Rug Braiding (CRB)<br><b>1:15p</b> Line Dancing 1:15pm - Beginner (MP3)<br><br><b>2:30p</b> Line Dancing 2:30pm - Intermediate (MP3) |
| <b>28</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   | <b>29</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        | <b>30</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     | <b>1</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           | <b>2</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            |
| 8:30a (allday) Ping Pong/Table Tennis (GR)<br>8:30a (allday) Pool/Billiards (GR)<br><b>9a</b> Inside Health Institute Clinic (Clinic Rooms)<br><b>9a</b> DROP IN Prenatal Yoga<br><b>9a</b> Prenatal Yoga (MP3)<br><b>9a</b> Toddler Play Group (MP4)<br><b>9:30a</b> Ageless Strength: Balance Flexibility & Power (MP 1&2)<br><b>10:30a</b> Baby & Me Yoga (MP4)<br><br><b>10:30a</b> Drop In Baby & Me Yoga<br><br><b>10:45a</b> Gentle Chair Yoga: Strength Flexibility & Relaxation for All Abilities (MP 1&2)<br><b>11:30a</b> Live Music with Lito Castro (BR)<br><b>11:30a</b> Homage / EWC Community Lunch (BR)<br><b>12p</b> Driftwood Sculpture (MP4)<br><br><b>12p</b> Rolling Crone Singers (MP3)<br><br><b>1p</b> Legal Services (Clinic Rm 1 & 3)<br><b>1p</b> SUPER Bingo sponsored by Rosewood Courte (MP1&2)<br><b>4p</b> Acoustic Guitar Group (MP3)<br><br><b>4:15p</b> Jazzercise (MP1&2)<br><b>6:30p</b> Golden Hour Sound Bath (MP3) | 8:00a (allday) Bloodworks NW (The Studio)<br>8:30a (allday) Ping Pong/Table Tennis (GR)<br>8:30a (allday) Pool/Billiards (GR)<br><br><b>8:30a</b> Pinochle (MP3)<br><b>8:45a</b> Bridge - Party (MP4)<br><b>9:30a</b> Tuesday Walkers<br><b>10a</b> Tuesday Gentle Yoga (MP1&2)<br><br><b>11:30a</b> Live Music with Jack Roy-Feczko (BR)<br><br><b>11:30a</b> Homage / EWC Community Lunch (BR)<br><b>11:30a</b> Intermediate Tai Chi (MP1&2)<br><br><b>12p</b> TRIP - UW Biology Greenhouse Tour<br><b>12:15p</b> Mah Jongg - American (MP3)<br><br><b>12:30p</b> Edmonds Writers Group (MP4)<br><br><b>1p</b> Better Balance Beats Bumbling Blunders! (CRB)<br><b>1p</b> Dancing & Live Music at Ballinger (LBC)<br><b>1p</b> Sound Singers Choir (MP1&2)<br><br><b>3:30p</b> Edmonds Crafters Group (MP3)<br><br><b>3:30p</b> Knit (K)Now (MP4)<br><b>4:15p</b> Jazzercise (MP1&2)<br><b>6p</b> Line Dancing 6pm - Evening Beginner+ (MP1&2) | 8:30a (allday) Ping Pong/Table Tennis (GR)<br>8:30a (allday) Pool/Billiards (GR)<br><b>9a</b> DROP IN Prenatal Yoga<br><br><b>9a</b> Prenatal Yoga (MP3)<br><b>9:30a</b> Friendship Quilters (MP4)<br><b>9:45a</b> Functional Fitness at EWC (MP 1&2)<br><b>9:45a</b> Functional Fitness on Zoom<br><br><b>10a</b> Current Events Discussion Morning Group (CRB)<br><b>10:30a</b> No Fear Drawing (MP3)<br><br><b>10:45a</b> Forever Fit at EWC (MP 1&2)<br><br><b>10:45a</b> Forever Fit on Zoom<br><b>11a</b> Live Music with Nick Baker (BR)<br><br><b>11:30a</b> Homage / EWC Community Lunch (BR)<br><b>12:30p</b> Current Events Discussion Afternoon Group (CRB)<br><b>1p</b> Edmonds Ukulele Aikanes (MP1&2)<br><b>2:30p</b> Drop-In Feldenkrais<br><br><b>2:30p</b> Improving Movement with the Feldenkrais Method - Group Series (MP4)<br><b>4:15p</b> Jazzercise (MP1&2)<br><b>4:15p</b> Line Dancing 4:15pm - Beginner (MP3)<br><b>6p</b> STRUM (MP1&2)<br><b>6p</b> DROP IN Evening Prenatal Yoga (MP4)<br><b>6p</b> Evening Prenatal Yoga (MP4) |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |