

EDMONDS WATERFRONT CENTER ACTIVITY CALENDAR MAY 2025

Mon 28	Tue 29	Wed 30	Thu 1	Fri 2
			<p>8:30a (allday) Ping Pong/Table Tennis (GR) 8:30a (allday) Pool/Billiards (GR) 8:30a Woodcarving (MP4)</p> <p>9a Trip Sign-Ups (2nd Floor Guest Services) 9a Thursday Gentle Yoga (MP1&2)</p> <p>9a Transforming Your Life through Energy Medicine Class (MP3) 10a German Club (CRB) 10:30a No Fear Watercolor - Intermediate (MP3) 10:30a Tai Chi - Beginner (MP1&2)</p> <p>11:30a Homage / EWC Community Lunch (BR) 12p Live Music with Ruben Barron (BR)</p> <p>12:45p Senior Swingers Orchestra (MP1&2) 1p MOVEMENT FOR LIFE/DANCE FOR ANY BODY (MP4) 1:30p Bastyr Clinic (Clinic Rooms)</p> <p>1:30p No Fear Portraits (MP3) 4:15p Jazzercise (MP1&2)</p>	<p>8:30a (allday) Pool/Billiards (GR)</p> <p>8:30a Community Breakfast (BR) 9a DROP IN Prenatal and Beginning Yoga 9a Prenatal and Beginning Yoga (MP3)</p> <p>9:30a One Hour Fitness with Susan at EWC 9:30a One Hour Fitness with Susan on Zoom 10a DROP IN Baby and Me 10a SECRETS OF GRACEFUL AGING and *Mindful Meditation (CRB) 10:30a No Fear Watercolor - Beginner (MP3) 10:30a Baby & Me Yoga (MP4)</p> <p>10:45a Soft Exercise with Susan at EWC 10:45a Soft Exercise with Susan on Zoom 11:30a Live Music with Danny Lambino (BR) 11:30a Homage / EWC Community Lunch (BR) 12p Ping Pong/Table Tennis (TS) 1p Rug Braiding (CRB) 1:15p Line Dancing 1:15pm - Beginner (MP3) 2:30p Line Dancing 2:30pm - Intermediate (MP3)</p>
5	6	7	8	9
<p>8:30a (allday) Ping Pong/Table Tennis (GR) 8:30a (allday) Pool/Billiards (GR)</p> <p>9a DROP IN Prenatal and Beginning Yoga 9a Prenatal and Beginning Yoga (MP3)</p> <p>9:30a One Hour Fitness with Susan at EWC 9:30a One Hour Fitness with Susan on Zoom 10a DROP IN Baby and Me</p> <p>10a Hands On Smartphone and Zoom Video Production (CRB) 10:30a Baby & Me Yoga (MP4)</p> <p>10:45a Soft Exercise with Susan at EWC 10:45a Soft Exercise with Susan on Zoom 11:30a Homage / EWC Community Lunch (BR)</p>	<p>8:30a (allday) Ping Pong/Table Tennis (GR) 8:30a (allday) Pool/Billiards (GR)</p> <p>8a Homage Counseling (Clinic) 8:30a Pinochle (MP3)</p> <p>8:45a Bridge - Party (MP4) 9:30a Tuesday Walkers 10a Tuesday Gentle Yoga (MP1&2)</p> <p>11:30a Live Music with Jack Roy-Feczko (BR) 11:30a Homage / EWC Community Lunch (BR) 12:15p Mah Jongg - American (MP3)</p> <p>12:30p Sound Healing/Reiki Combination 1p Dancing & Live Music at Ballinger (LBC)</p>	<p>8:00a (allday) Footcare (The Studio) 8:30a (allday) Ping Pong/Table Tennis (GR) 8:30a (allday) Pool/Billiards (GR)</p> <p>8:30a Live Music with Frank Salerno (BR) 9a Tech Help - 1 on 1 (CRA)</p> <p>9a DROP IN Prenatal and Beginning Yoga 9a Prenatal and Beginning Yoga (MP3)</p> <p>9:30a Friendship Quilters (MP4) 9:30a One Hour Fitness with Susan at EWC 9:30a One Hour Fitness with Susan on Zoom 10a Current Events Discussion (CRB) 10a EWC Public Tour (Lobby)</p>	<p>8:00a (allday) Footcare (The Studio) 8:30a (allday) Ping Pong/Table Tennis (GR) 8:30a (allday) Pool/Billiards (GR)</p> <p>9:00a (allday) HIKE - Lake Union Loop</p> <p>8:30a Woodcarving (MP4) 9a Thursday Gentle Yoga (MP1&2) 9a Transforming Your Life through Energy Medicine Class (MP3) 10a German Club (CRB)</p> <p>10:30a No Fear Watercolor - Intermediate (MP3) 10:30a Tai Chi - Beginner (MP1&2)</p> <p>11:30a Homage / EWC Community Lunch (BR) 12p Live Music with David Johnson (BR)</p>	<p>8:30a (allday) Pool/Billiards (GR)</p> <p>9a DROP IN Prenatal and Beginning Yoga 9a Prenatal and Beginning Yoga (MP3)</p> <p>9:30a Prescription Drug Assistance Network (Clinic) 9:30a One Hour Fitness with Susan at EWC 9:30a One Hour Fitness with Susan on Zoom 10a DROP IN Baby and Me</p> <p>10a SECRETS OF GRACEFUL AGING and *Mindful Meditation (CRB) 10:30a No Fear Watercolor - Beginner (MP3) 10:30a Baby & Me Yoga (MP4)</p> <p>10:45a Soft Exercise with Susan at EWC 10:45a Soft Exercise with Susan on Zoom</p>

Mon	Tue	Wed	Thu	Fri
5	6	7	8	9
<p>12p Driftwood Sculpture (MP4)</p> <p>12p Rolling Crone Singers (MP3)</p> <p>12p Music Wellness and Connection for Seniors</p> <p>1p Bingo (MP1&2)</p> <p>2:30p Toddler Play Group (MP3)</p> <p>4:15p Jazzercise (MP1&2)</p> <p>4:30p Acoustic Guitar Group (MP3)</p>	<p>1p Sound Singers Choir (MP1&2)</p> <p>1:30p American Film History (MP4)</p> <p>4:15p Jazzercise (MP1&2)</p> <p>6p Line Dancing 6pm - Evening Beginner+ (MP1&2)</p>	<p>10:30a No Fear Drawing (MP3)</p> <p>10:45a Soft Exercise with Susan at EWC</p> <p>10:45a Soft Exercise with Susan on Zoom</p> <p>11:30a Live Music with Nick Baker (BR)</p> <p>11:30a Homage / EWC Community Lunch (BR)</p> <p>1p Mah Jongg - Chinese (MP3)</p> <p>1p Edmonds Ukulele Aikanes (MP1&2)</p> <p>2:30p Improving Movement with the Feldenkrais Method - Group Series (MP4)</p> <p>4:15p Jazzercise (MP1&2)</p> <p>4:15p Line Dancing 4:15pm - Beginner (MP3)</p> <p>4:30p Creative Writing Lab (Zoom)</p> <p>6p STRUM (MP1&2)</p>	<p>12:45p Senior Swingers Orchestra (MP1&2)</p> <p>1p MOVEMENT FOR LIFE/DANCE FOR ANY BODY (MP4)</p> <p>1:30p Bastyr Clinic (Clinic Rooms)</p> <p>1:30p No Fear Portraits (MP3)</p> <p>4:15p Jazzercise (MP1&2)</p>	<p>11:30a Live Music with Danny Lambino (BR)</p> <p>11:30a Special Mother's Day Lunch</p> <p>12p Ping Pong/Table Tennis (TS)</p> <p>1p Handmade Greeting Cards: Birthday Theme (MP4)</p> <p>1p Rug Braiding (CRB)</p> <p>1:15p Line Dancing 1:15pm - Beginner (MP3)</p> <p>2:30p Line Dancing 2:30pm - Intermediate (MP3)</p>
12	13	14	15	16
<p>8:00a (allday) Mammovan (Location - outside SE side of parking lot)</p> <p>8:30a (allday) Ping Pong/Table Tennis (GR)</p> <p>8:30a (allday) Pool/Billiards (GR)</p> <p>9a DROP IN Prenatal and Beginning Yoga</p> <p>9a Prenatal and Beginning Yoga (MP3)</p> <p>9:30a One Hour Fitness with Susan at EWC</p> <p>9:30a One Hour Fitness with Susan on Zoom</p> <p>10a DROP IN Baby and Me</p> <p>10a Financial Services (Clinic Room 1)</p> <p>10a Hands On Smartphone and Zoom Video Production (CRB)</p> <p>10:30a Baby & Me Yoga (MP4)</p> <p>10:45a Soft Exercise with Susan at EWC</p> <p>10:45a Soft Exercise with Susan on Zoom</p> <p>11:30a Live Music with Lito Castro (BR)</p> <p>11:30a Homage / EWC Community Lunch (BR)</p> <p>12p Driftwood Sculpture (MP4)</p> <p>12p Rolling Crone Singers (MP3)</p> <p>12p Music Wellness and Connection for Seniors</p>	<p>8:30a (allday) Ping Pong/Table Tennis (GR)</p> <p>8:30a (allday) Pool/Billiards (GR)</p> <p>8:30a Pinochle (MP3)</p> <p>8:45a Bridge - Party (MP4)</p> <p>9:30a Aches and Pains? Meet with Physical Therapist Grace (Clinic)</p> <p>9:30a Tuesday Walkers</p> <p>10a Tuesday Gentle Yoga (MP1&2)</p> <p>11:30a Live Music with Jack Roy-Feczko (BR)</p> <p>11:30a Homage / EWC Community Lunch (BR)</p> <p>12:15p Mah Jongg - American (MP3)</p> <p>12:30p Sound Healing/Reiki Combination</p> <p>1p Aging Mastery Program (CRB)</p> <p>1p Dancing & Live Music at Ballinger (LBC)</p> <p>1p Sound Singers Choir (MP1&2)</p> <p>1:30p American Film History (MP4)</p> <p>2p Early-Onset Alzheimer's Memory Cafe (CRA)</p> <p>4:15p Jazzercise (MP1&2)</p> <p>6p Line Dancing 6pm - Evening Beginner+ (MP1&2)</p>	<p>8:00a (allday) Footcare (The Studio)</p> <p>8:30a (allday) Ping Pong/Table Tennis (GR)</p> <p>8:30a (allday) Pool/Billiards (GR)</p> <p>8:30a Live Music with Frank Salerno (BR)</p> <p>9a DROP IN Prenatal and Beginning Yoga</p> <p>9a Prenatal and Beginning Yoga (MP3)</p> <p>9:30a Friendship Quilters (MP4)</p> <p>9:30a One Hour Fitness with Susan at EWC</p> <p>9:30a One Hour Fitness with Susan on Zoom</p> <p>10a Current Events Discussion (CRB)</p> <p>10a Member Orientation & Coffee Chat (CRA)</p> <p>10:30a No Fear Drawing (MP3)</p> <p>10:45a Soft Exercise with Susan at EWC</p> <p>10:45a Soft Exercise with Susan on Zoom</p> <p>11:30a Live Music with Nick Baker (BR)</p> <p>11:30a Homage / EWC Community Lunch (BR)</p> <p>1p Edmonds Ukulele Aikanes (MP1&2)</p> <p>2p Alzheimer's/Dementia Caregivers Support Group (MP3)</p>	<p>8:00a (allday) Footcare (The Studio)</p> <p>8:30a (allday) Ping Pong/Table Tennis (GR)</p> <p>8:30a (allday) Pool/Billiards (GR)</p> <p>8:30a Woodcarving (MP4)</p> <p>9a Thursday Gentle Yoga (MP1&2)</p> <p>9a Transforming Your Life through Energy Medicine Class (MP3)</p> <p>10a German Club (CRB)</p> <p>10:30a No Fear Watercolor - Intermediate (MP3)</p> <p>10:30a Tai Chi - Beginner (MP1&2)</p> <p>11:30a Homage / EWC Community Lunch (BR)</p> <p>12p Live Music with Ruben Barron (BR)</p> <p>12:45p Senior Swingers Orchestra (MP1&2)</p> <p>1p Coping Skills for People with Hearing Loss & their Family</p> <p>1p MOVEMENT FOR LIFE/DANCE FOR ANY BODY (MP4)</p> <p>1:30p Bastyr Clinic (Clinic Rooms)</p> <p>1:30p No Fear Portraits (MP3)</p> <p>2p Senior Swingers Orchestra Spring Concert (BR)</p> <p>4:15p Jazzercise (MP1&2)</p>	<p>8:30a (allday) Pool/Billiards (GR)</p> <p>9a DROP IN Prenatal and Beginning Yoga</p> <p>9a Prenatal and Beginning Yoga (MP3)</p> <p>9:30a One Hour Fitness with Susan at EWC</p> <p>9:30a One Hour Fitness with Susan on Zoom</p> <p>10a DROP IN Baby and Me</p> <p>10a SECRETS OF GRACEFUL AGING and *Mindful Meditation (CRB)</p> <p>10:30a No Fear Watercolor - Beginning (MP3)</p> <p>10:30a Baby & Me Yoga (MP4)</p> <p>10:45a Soft Exercise with Susan at EWC</p> <p>10:45a Soft Exercise with Susan on Zoom</p> <p>11:30a Live Music with Danny Lambino (BR)</p> <p>11:30a Homage / EWC Community Lunch (BR)</p> <p>12p Ping Pong/Table Tennis (TS)</p> <p>1p Rug Braiding (CRB)</p> <p>1p Spring Into Flavor: A Celebration of Fresh Feel-Good Foods Cooking Demo (MP 1&2)</p> <p>1:15p Line Dancing 1:15pm - Beginner (MP3)</p> <p>2:30p Line Dancing 2:30pm - Intermediate (MP3)</p>

Mon	Tue	Wed	Thu	Fri
12	13	14	15	16
<p>1p Bingo (MP1&2)</p> <p>4:15p Jazzercise (MP1&2)</p> <p>4:30p Acoustic Guitar Group (MP3)</p>		<p>2:30p Improving Movement with the Feldenkrais Method - Group Series (MP4)</p> <p>4:15p Jazzercise (MP1&2)</p> <p>4:15p Line Dancing 4:15pm - Beginner (MP3)</p> <p>4:30p Creative Writing Lab (Zoom)</p> <p>6p STRUM (MP1&2)</p>	<p>6:30p Understanding How Rumors & False Information Spread Online (BR)</p>	
19	20	21	22	23
<p>8:30a (allday) Ping Pong/Table Tennis (GR)</p> <p>8:30a (allday) Pool/Billiards (GR)</p> <p>9a DROP IN Prenatal and Beginning Yoga</p> <p>9a Prenatal and Beginning Yoga (MP3)</p> <p>9:30a One Hour Fitness with Susan at EWC</p> <p>9:30a One Hour Fitness with Susan on Zoom</p> <p>10a DROP IN Baby and Me</p> <p>10a Hands On Smartphone and Zoom Video Production (CRB)</p> <p>10:30a Baby & Me Yoga (MP4)</p> <p>10:45a Soft Exercise with Susan at EWC</p> <p>10:45a Soft Exercise with Susan on Zoom</p> <p>11:30a Homage / EWC Community Lunch (BR)</p> <p>12p Driftwood Sculpture (MP4)</p> <p>12p Rolling Crone Singers (MP3)</p> <p>12p Music Wellness and Connection for Seniors</p> <p>1p SUPER Bingo sponsored by Rosewood Courte (MP1&2)</p> <p>1p Rolling Crone Singers Spring Concert (BR)</p> <p>4:15p Jazzercise (MP1&2)</p> <p>4:30p Acoustic Guitar Group (MP3)</p>	<p>8:30a (allday) Ping Pong/Table Tennis (GR)</p> <p>8:30a (allday) Pool/Billiards (GR)</p> <p>8a Homage Counseling (Clinic)</p> <p>8:30a Pinochle (MP3)</p> <p>8:45a Bridge - Party (MP4)</p> <p>9:30a Tuesday Walkers</p> <p>10a Artists' Workshop for Simply Stories (CRB)</p> <p>10a Tuesday Gentle Yoga (MP1&2)</p> <p>11:30a Live Music with Jack Roy-Feczko (BR)</p> <p>11:30a Homage / EWC Community Lunch (BR)</p> <p>12:15p Mah Jongg - American (MP3)</p> <p>1p Aging Mastery Program (CRB)</p> <p>1p Dancing & Live Music at Ballinger (LBC)</p> <p>1p Reiki Healing - Mini Session (Clinic)</p> <p>1p Sound Singers Choir (MP1&2)</p> <p>1:30p American Film History (MP4)</p> <p>4:15p Jazzercise (MP1&2)</p> <p>6p Line Dancing 6pm - Evening Beginner+ (MP1&2)</p>	<p>8:30a (allday) Ping Pong/Table Tennis (GR)</p> <p>8:30a (allday) Pool/Billiards (GR)</p> <p>8:30a Live Music with Frank Salerno (BR)</p> <p>9a Tech Help - 1 on 1 (CRA)</p> <p>9a DROP IN Prenatal and Beginning Yoga</p> <p>9a Prenatal and Beginning Yoga (MP3)</p> <p>9:30a TRIP - UW Conibear Shell House Tour</p> <p>9:30a Friendship Quilters (MP4)</p> <p>9:30a One Hour Fitness with Susan at EWC</p> <p>9:30a One Hour Fitness with Susan on Zoom</p> <p>10a Current Events Discussion (CRB)</p> <p>10:30a No Fear Drawing (MP3)</p> <p>10:45a Soft Exercise with Susan at EWC</p> <p>10:45a Soft Exercise with Susan on Zoom</p> <p>11:30a Live Music with Nick Baker (BR)</p> <p>11:30a Homage / EWC Community Lunch (BR)</p> <p>1p Mah Jongg - Chinese (MP3)</p> <p>1p Edmonds Ukulele Aikanes (MP1&2)</p> <p>1p Help to Apply for Property Tax Exemption (CRA)</p> <p>2:30p Improving Movement with the Feldenkrais Method - Group Series (MP4)</p> <p>4:15p Jazzercise (MP1&2)</p> <p>4:15p Line Dancing 4:15pm - Beginner (MP3)</p> <p>4:30p Creative Writing Lab (Zoom)</p> <p>6p STRUM (MP1&2)</p>	<p>8:00a (allday) HIKE - Wallace Falls Loop</p> <p>8:30a (allday) Ping Pong/Table Tennis (GR)</p> <p>8:30a (allday) Pool/Billiards (GR)</p> <p>8:30a Woodcarving (MP4)</p> <p>9a Thursday Gentle Yoga (MP1&2)</p> <p>9a Transforming Your Life through Energy Medicine Class (MP3)</p> <p>10a German Club (CRB)</p> <p>10:30a No Fear Watercolor - Intermediate (MP3)</p> <p>10:30a Tai Chi - Beginner (MP1&2)</p> <p>11:30a Homage / EWC Community Lunch (BR)</p> <p>12p Live Music with David Johnson (BR)</p> <p>12:45p Senior Swingers Orchestra (MP1&2)</p> <p>1p Get Your Ducks In A Row (CRB)</p> <p>1p Help to Apply for Property Tax Exemption (CRA)</p> <p>1p MOVEMENT FOR LIFE/DANCE FOR ANY BODY (MP4)</p> <p>1:30p Bastyr Clinic (Clinic Rooms)</p> <p>1:30p No Fear Portraits (MP3)</p> <p>1:30p Intergenerational Book Group (Zoom)</p> <p>4:15p Jazzercise (MP1&2)</p> <p>6:30p Author Talk (BR)</p>	<p>8:30a (allday) Pool/Billiards (GR)</p> <p>9a DROP IN Prenatal and Beginning Yoga</p> <p>9a Prenatal and Beginning Yoga (MP3)</p> <p>9:30a Prescription Drug Assistance Network (Clinic)</p> <p>9:30a One Hour Fitness with Susan at EWC</p> <p>9:30a One Hour Fitness with Susan on Zoom</p> <p>10a DROP IN Baby and Me</p> <p>10a SECRETS OF GRACEFUL AGING and *Mindful Meditation (CRB)</p> <p>10:30a No Fear Watercolor - Beginning (MP3)</p> <p>10:30a Baby & Me Yoga (MP4)</p> <p>10:45a Soft Exercise with Susan at EWC</p> <p>10:45a Soft Exercise with Susan on Zoom</p> <p>11:30a Live Music with Danny Lambino (BR)</p> <p>11:30a Homage / EWC Community Lunch (BR)</p> <p>12p Ping Pong/Table Tennis (TS)</p> <p>1p Rug Braiding (CRB)</p> <p>1:15p Line Dancing 1:15pm - Beginner (MP3)</p> <p>2:30p Line Dancing 2:30pm - Intermediate (MP3)</p>

Mon	Tue	Wed	Thu	Fri
26	27	28	29	30
CLOSED FOR HOLIDAY	<p>8:00a (allday) Bloodworks NW (The Studio)</p> <p>8:30a (allday) Ping Pong/Table Tennis (GR)</p> <p>8:30a (allday) Pool/Billiards (GR)</p> <p>8:30a Pinochle (MP3)</p> <p>8:45a Bridge - Party (MP4)</p> <p>9a AARP Driver Refresher (CRA)</p> <p>9:30a Tuesday Walkers</p> <p>10a Tuesday Gentle Yoga (MP1&2)</p> <p>11:30a Live Music with Jack Roy-Feczko (BR)</p> <p>11:30a Homage / EWC Community Lunch (BR)</p> <p>12:15p Mah Jongg - American (MP3)</p> <p>12:30p Sound Healing/Reiki Combination</p> <p>1p Aging Mastery Program (CRB)</p> <p>1p Dancing & Live Music at Ballinger (LBC)</p> <p>1p Sound Singers Choir (MP1&2)</p> <p>1:30p American Film History (MP4)</p> <p>4:15p Jazzercise (MP1&2)</p> <p>6p Line Dancing 6pm - Evening Beginner+ (MP1&2)</p>	<p>8:30a (allday) Ping Pong/Table Tennis (GR)</p> <p>8:30a (allday) Pool/Billiards (GR)</p> <p>8:30a Live Music with Frank Salerno (BR)</p> <p>9a AARP Driver Refresher (CRA)</p> <p>9a DROP IN Prenatal and Beginning Yoga</p> <p>9a Prenatal and Beginning Yoga (MP3)</p> <p>9:30a TRIP - Kari's Bog</p> <p>9:30a Friendship Quilters (MP4)</p> <p>9:30a One Hour Fitness with Susan at EWC</p> <p>9:30a One Hour Fitness with Susan on Zoom</p> <p>10a Current Events Discussion (CRB)</p> <p>10:30a No Fear Drawing (MP3)</p> <p>10:45a Soft Exercise with Susan at EWC</p> <p>10:45a Soft Exercise with Susan on Zoom</p> <p>11:30a Live Music with Nick Baker (BR)</p> <p>11:30a Homage / EWC Community Lunch (BR)</p> <p>1p Edmonds Ukulele Aikanes (MP1&2)</p> <p>1p Practical Self-Care: Simple Tools to Thrive in Daily Life (CRB)</p> <p>2:30p Alzheimer's/Dementia Caregivers Support Group (MP3)</p> <p>2:30p Improving Movement with the Feldenkrais Method - Group Series (MP4)</p> <p>4:15p Jazzercise (MP1&2)</p> <p>4:15p Line Dancing 4:15pm - Beginner (MP3)</p> <p>4:30p Creative Writing Lab (Zoom)</p> <p>6p STRUM (MP1&2)</p>	<p>8:30a (allday) Ping Pong/Table Tennis (GR)</p> <p>8:30a (allday) Pool/Billiards (GR)</p> <p>8:30a Woodcarving (MP4)</p> <p>9a Thursday Gentle Yoga (MP1&2)</p> <p>9a Transforming Your Life through Energy Medicine Class (MP3)</p> <p>10a German Club (CRB)</p> <p>10:30a No Fear Watercolor - Intermediate (MP3)</p> <p>10:30a Tai Chi - Beginner (MP1&2)</p> <p>11:30a Homage / EWC Community Lunch (BR)</p> <p>12p Live Music with Ruben Barron (BR)</p> <p>12:45p Senior Swingers Orchestra (MP1&2)</p> <p>1p Your Retirement: Dream or Disaster? (CRB)</p> <p>1p MOVEMENT FOR LIFE/DANCE FOR ANY BODY (MP4)</p> <p>1:30p Bastyr Clinic (Clinic Rooms)</p> <p>1:30p No Fear Portraits (MP3)</p> <p>4:15p Jazzercise (MP1&2)</p> <p>6:30p All Ages Trivia Night! (BR)</p>	<p>8:30a (allday) Pool/Billiards (GR)</p> <p>9a DROP IN Prenatal and Beginning Yoga</p> <p>9a Prenatal and Beginning Yoga (MP3)</p> <p>9:30a One Hour Fitness with Susan at EWC</p> <p>9:30a One Hour Fitness with Susan on Zoom</p> <p>10a DROP IN Baby and Me</p> <p>10a SECRETS OF GRACEFUL AGING and *Mindful Meditation (CRB)</p> <p>10:30a No Fear Watercolor - Beginning (MP3)</p> <p>10:30a Baby & Me Yoga (MP4)</p> <p>10:45a Soft Exercise with Susan at EWC</p> <p>10:45a Soft Exercise with Susan on Zoom</p> <p>11:30a Live Music with Danny Lambino (BR)</p> <p>11:30a Homage / EWC Community Lunch (BR)</p> <p>12p Ping Pong/Table Tennis (TS)</p> <p>1p Rug Braiding (CRB)</p> <p>1:15p Line Dancing 1:15pm - Beginner (MP3)</p> <p>2:30p Line Dancing 2:30pm - Intermediate (MP3)</p>