

Monday	Tuesday	Wednesday	Thursday	Friday
			Menu Subject to Change	<p>1</p> Arugula Salad Garlic and Ginger Braised Chicken Baked Potato w/ Sour Cream Dinner Roll Peaches
<p>4</p> Spanish Omelet Hashbrown Yogurt Cup Muffin Fresh Fruit	<p>5</p> Grilled Pork Chop with Mango Chutney Yellow Rice Green Beans Naan/Applesauce	<p>6</p> Minestrone Soup Chicken Salad on Croissant w/Lettuce and tomato Potato Wedges Pears	<p>7</p> Clam Chowder Baked Herb Salmon Wild Rice Collard Greens Fresh Fruit/ Corn Muffin	<p>8</p> Meatloaf Mashed Potatoes w/ gravy Mixed Vegetables Apricots Dinner Roll
<p>11</p> <p style="text-align: center;"><u>No Lunch</u></p> <p style="text-align: center;">Holiday Observance</p>	<p>12</p> Sweet and Sour Chicken Steamed Rice Stir Fry Veggies Egg Roll Mandarin Oranges	<p>13</p> Garden Salad Swedish Meatballs over Egg Noodles Peas Dinner Roll Fresh Fruit	<p>14</p> Pea and Cheese Salad Crispy Baked Pollock Roasted Potatoes Fresh Chocolate Chip Cookie Pineapple Breadstick	<p>15</p> Stuffed Peppers Rice California Vegetables Peaches Dinner Roll
<p>18</p> Macaroni and Cheese Pickled Beet Salad Peas Tropical Fruit Dinner Roll	<p>19</p> Broccoli Salad Grilled Chicken Sandwich w/ Lettuce and tomato French Fries Pears	<p>20</p> Steak Quesadilla w/salsa Shredded Lettuce Salad Spanish Rice/ Beans Churro Fresh Fruit	<p>21</p> Coleslaw Fish and Chips w/ Tarter and Ketchup Dinner Roll Mixed Fruit	<p>22</p> Shepherd's Pie Honey Roasted Carrots Peaches Fresh Biscuit
<p>25</p> <p>Thanksgiving Meal</p> Roasted Turkey/ Stuffing Mashed Potatoes w/Gravy Cranberry Sauce/Dinner Roll Garden Vegetables Pumpkin Pie	<p>26</p> Teriyaki Chicken Bowl w/rice and steamed vegetables Dinner Roll Mandarin Oranges	<p>27</p> Stuffed Shells w/ Marinara and Parmesan Italian Blend Vegetables Garlic Bread Fresh Fruit	<p>28</p> 	<p>29</p> <p style="text-align: center;"><u>No Lunch</u></p> <p style="text-align: center;">Holiday Observance</p>

1% milk, roll or bread, and fortified margarine are available with all meals. All fresh produce is subject to availability. Substitutions may be made without notice.

Suggested meal donation for eligible persons (aged 60+) is \$4.00 For non-eligible persons (aged 59 and younger), cost is \$8.00 per meal