

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Menu Subject to Change</b>	1	2	3	4
	Broccoli Cheddar Baked Potato w/ sour cream Black Bean Salad Dinner Roll Diced Peaches over Tapioca Pudding	Chicken Divan Casserole Steamed Rice Broccoli Slaw Pineapple Dinner Roll	Tomato Bisque Soup Grilled Cheese Side Salad Orange Slices	Lasagna Breadstick Broccoli Fresh Fruit/Cookie
7	8	9	10	11
Fiesta Salad Pork Carnitas street taco topped w/ cilantro, avocado & onion Spanish Rice/Pears	Herb Grilled Pollock Rosemary Potatoes Garden Vegetables Applesauce Dinner Roll	Tender Beef Strips w/ mushroom gravy Green Beans Dinner Roll Fresh Fruit	Pork Chop Patty Scalloped Potatoes Dilled Carrots Apricots Dinner Roll	Broccoli Salad BBQ Pulled Chicken on bun Potato Wedges Mixed Fruit
14	15	16	17	18
Salisbury Steak Mashed Potatoes and Gravy Scandinavian Vegetables Peaches Dinner Roll	Vegetable Quiche Roasted Potatoes Yogurt Muffin Pineapple	Garden Salad Parmesan Crusted Tilapia Wild Rice Dinner Roll Applesauce	<b>Oktoberfest</b>	Oven Fried Chicken Rosemary Potatoes Green Beans Pears Dinner Roll
21	22	23	24	25
Chicken Alfredo Garlic Bread Winter Mix Vegetables Fresh Fruit	Hot Turkey Sandwich w/mashed potatoes and gravy Capri Vegetables Tropical Fruit	Coleslaw Crispy Fish Fillet on Hoagie Roll w/ Lettuce and Tarter French Fries Pineapple	Spaghetti w/ meat sauce Garlic Bread Broccoli Fresh Fruit	Lemon Pepper Drumsticks Harvest Rice Pilaf Broccoli Florets Mandarin Oranges Dinner Roll
28	29	30	31	
Sausage Lentil Soup Egg Salad Sandwich Chips Applesauce	Meatball Stroganoff over egg noodles Steamed Carrots Dinner Roll Fresh Fruit/ Cookie	Grilled Chicken Sandwich w/ lettuce and tomato Sweet Potato Fries Fresh Chocolate Chip Cookie Peaches	<b>Halloween</b>	

1% milk, roll or bread, and fortified margarine are available with all meals. All fresh produce is subject to availability. Substitutions may be made without notice.

Suggested meal donation for eligible persons (aged 60+) is \$4.00 For non-eligible persons (aged 59 and younger), cost is \$8.00 per meal