

EDMONDS WATERFRONT CENTER

ACTIVITY CALENDAR MAY 2024

Mon 29	Tue 30	Wed 1	Thu 2	Fri 3
		8:00a (allday) Footcare (The Studio) 8:30a (allday) Ping Pong/Table Tennis (GR) 8:30a (allday) Pool/Billiards (GR) 8:30a Live Music with Frank Salerno (BR) 9a Tech Help - 1 on 1 (CRA) 9a DROP IN Prenatal and Beginning Yoga 9a Prenatal and Beginning Yoga (MP3) 9:30a Friendship Quilters (MP4) 9:30a One Hour Fitness with Susan at EWC (MP1&2) 9:30a One Hour Fitness with Susan on Zoom 10a Current Events Discussion (CRB) 10a EWC Public Tour (Lobby) 10:30a No Fear Drawing (MP3) 10:45a Soft Exercise with Susan at EWC (MP1&2) 10:45a Soft Exercise with Susan on Zoom 11:30a Homage / EWC Community Lunch (BR) 11:45a Live Music with Nick Baker (BR) 1p Mah Jongg - Chinese (MP3) 1p Edmonds Ukulele Aikanes (MP1&2) 2p Line Dancing - Easy/Intermediate (Ballinger)	8:00a (allday) Footcare (The Studio) 8:30a (allday) Ping Pong/Table Tennis (GR) 8:30a (allday) Pool/Billiards (GR) 8:30a Woodcarving (MP4) 9a Thursday Gentle Yoga (MP1&2) 10a German Club (CRB) 10:30a No Fear Watercolor - Intermediate (MP3) 10:30a Tai Chi - Beginner (MP1&2) 11:30a Homage / EWC Community Lunch (BR) 12p Live Music with Ruben Barron (BR) 1p Senior Swingers Orchestra (MP1&2) 1p MOVEMENT FOR LIFE/DANCE FOR ANY BODY (MP4) 1:30p Bastyr Clinic (Clinic Rooms) 1:30p No Fear Portraits (MP3)	8:30a (allday) Pool/Billiards (GR) 8:30a Community Breakfast (BR) 9a DROP IN Prenatal and Beginning Yoga 9a Prenatal and Beginning Yoga (MP3) 9:30a One Hour Fitness with Susan at EWC (MP1&2) 9:30a One Hour Fitness with Susan on Zoom 10a DROP IN Baby and Me 10a SECRETS OF GRACEFUL AGING and *Mindful Meditation (CRB) 10:30a No Fear Watercolor - Beginning (MP3) 10:30a Baby & Me Yoga (MP4) 10:45a Soft Exercise with Susan at EWC (MP1&2) 10:45a Soft Exercise with Susan on Zoom 11:30a Live Music with Danny Lambino (BR) 11:30a Homage / EWC Community Lunch (BR) 12p Ping Pong/Table Tennis (TS) 1p Writer's Round Table (Zoom) 1:15p Line Dancing - Beginner (MP3) 2:30p Line Dancing - Intermediate (MP3)
6 8:30a (allday) Ping Pong/Table Tennis (GR) 8:30a (allday) Pool/Billiards (GR) 9:00a (allday) Floss Boss Dental Clinic - South Parking Lot 9a DROP IN Prenatal and Beginning Yoga 9a Prenatal and Beginning Yoga (MP3) 9:30a One Hour Fitness with Susan at EWC (MP1&2) 9:30a One Hour Fitness with Susan on Zoom 10a DROP IN Baby and Me 10a Wildlife of Washington and Wildlife of the West (CRB) 10:30a Baby & Me Yoga (MP4) 10:30a Bhangra Dance Class - FREE TRIAL (MP3) 10:45a Soft Exercise with Susan at EWC (MP1&2) 10:45a Soft Exercise with Susan on Zoom 11:30a Bridge - Duplicate (Ballinger) 11:30a Live Music with Edgar Catalano (BR) 11:30a Homage / EWC Community Lunch (BR)	7 8:30a (allday) Ping Pong/Table Tennis (GR) 8:30a (allday) Pool/Billiards (GR) 8a Homage Counseling (Clinic) 8:30a Pinochle (MP3) 9a Bridge - Party (MP4) 9:30a Tuesday Walkers 10a CRI - Creative Retirement Institute (CRB) 10a Tuesday Gentle Yoga (MP1&2) 11:30a Live Music with Jack Roy-Feczko (BR) 11:30a Homage / EWC Community Lunch (BR) 12:30p Mah Jongg - American (MP4) 12:30p Reiki Healing (Fee) 1p Dancing & Live Music at Ballinger (LBC) 1p Sound Singers Choir (MP1&2) 1:30p American Film History (MP3) 2p Do You Qualify for a Reduction in your Property Taxes? - Session 1 (CRB)	8 8:00a (allday) Footcare (The Studio) 8:30a (allday) Ping Pong/Table Tennis (GR) 8:30a (allday) Pool/Billiards (GR) 8:30a Live Music with Frank Salerno (BR) 9a Tech Help - 1 on 1 (CRA) 9a DROP IN Prenatal and Beginning Yoga 9a Prenatal and Beginning Yoga (MP3) 9:30a Friendship Quilters (MP4) 9:30a One Hour Fitness with Susan at EWC (MP1&2) 9:30a One Hour Fitness with Susan on Zoom 10a Current Events Discussion (CRB) 10:45a Soft Exercise with Susan at EWC (MP1&2) 10:45a Soft Exercise with Susan on Zoom 11:45a Live Music with Nick Baker (BR) 1p Edmonds Ukulele Aikanes (MP1&2) 2p Alzheimer's/Dementia Caregivers Support Group (MP3)	9 8:00a (allday) Footcare (The Studio) 8:00a (allday) HIKE - Fairhaven Urban Trail (Bellingham) 8:30a (allday) Ping Pong/Table Tennis (GR) 8:30a (allday) Pool/Billiards (GR) 8:30a Woodcarving (MP4) 9a Thursday Gentle Yoga (MP1&2) 10a German Club (CRB) 10:30a No Fear Watercolor - Intermediate (MP3) 10:30a Tai Chi - Beginner (MP1&2) 11:30a Live Music with A2Gs (BR) 11:30a Homage / EWC Community Lunch (BR) 1p Senior Swingers Orchestra (MP1&2) 1p MOVEMENT FOR LIFE/DANCE FOR ANY BODY (MP4) 1:30p Bastyr Clinic (Clinic Rooms) 1:30p No Fear Portraits (MP3) 3p Senior Swingers Orchestra Spring Concert (BR)	10 8:30a (allday) Pool/Billiards (GR) 9a DROP IN Prenatal and Beginning Yoga 9a Prenatal and Beginning Yoga (MP3) 9:30a Prescription Drug Assistance Network (Clinic) 9:30a One Hour Fitness with Susan at EWC (MP1&2) 9:30a One Hour Fitness with Susan on Zoom 10a DROP IN Baby and Me 10a SECRETS OF GRACEFUL AGING and *Mindful Meditation (CRB) 10:30a No Fear Watercolor - Beginning (MP3) 10:30a Baby & Me Yoga (MP4) 10:45a Soft Exercise with Susan at EWC (MP1&2) 10:45a Soft Exercise with Susan on Zoom 11:30a Live Music with Danny Lambino (BR) 11:30a Homage / EWC Community Lunch (BR) 12p Ping Pong/Table Tennis (TS) 1p Writer's Round Table (Zoom)

Mon	Tue	Wed	Thu	Fri
6	7	8	9	10
<p>12p Driftwood Sculpture (MP4)</p> <p>12p Rolling Crone Singers (MP3)</p> <p>12p Music Wellness and Connection for Seniors (CRA)</p> <p>1p Bingo (MP1&2)</p> <p>1p Rug Braiding (CRB)</p> <p>3:15p DROP IN Family Yoga</p> <p>3:15p Family Yoga (MP3)</p>	<p>3p Do You Qualify for a Reduction in your Property Taxes? - Session 2 (CRB)</p>	<p>2p Line Dancing - Easy/Intermediate (Ballinger)</p> <p>2:30p Feldenkrais Drop in</p> <p>2:30p Improving Movement with the Feldenkrais Method - Group Series (MP4)</p>		<p>1:15p Line Dancing - Beginner (MP3)</p> <p>2:30p Line Dancing - Intermediate (MP3)</p>
13	14	15	16	17
<p>8:30a (allday) Ping Pong/Table Tennis (GR)</p> <p>8:30a (allday) Pool/Billiards (GR)</p> <p>9:00a (allday) Mammovan (Location - outside SE side of parking lot)</p> <p>9a DROP IN Prenatal and Beginning Yoga</p> <p>9a Prenatal and Beginning Yoga (MP3)</p> <p>9:30a One Hour Fitness with Susan at EWC (MP1&2)</p> <p>9:30a One Hour Fitness with Susan on Zoom</p> <p>10a DROP IN Baby and Me</p> <p>10a Financial Services (Clinic Room 1)</p> <p>10a Wildlife of Washington and Wildlife of the West (CRB)</p> <p>10:30a Baby & Me Yoga (MP4)</p> <p>10:30a Bhangra Dance Class - Monthly (MP3)</p> <p>10:45a Soft Exercise with Susan at EWC (MP1&2)</p> <p>10:45a Soft Exercise with Susan on Zoom</p> <p>11:30a Bridge - Duplicate (Ballinger)</p> <p>11:30a Live Music with Edgar Catalano (BR)</p> <p>11:30a Homage / EWC Community Lunch (BR)</p> <p>12p Driftwood Sculpture (MP4)</p> <p>12p Rolling Crone Singers (MP3)</p> <p>12p Music Wellness and Connection for Seniors (CRA)</p> <p>1p Bingo (MP1&2)</p> <p>1p Rug Braiding (CRB)</p> <p>3:15p DROP IN Family Yoga</p> <p>3:15p Family Yoga (MP3)</p>	<p>8:30a (allday) Ping Pong/Table Tennis (GR)</p> <p>8:30a (allday) Pool/Billiards (GR)</p> <p>8a Homage Counseling (Clinic)</p> <p>8:30a Pinochle (MP3)</p> <p>9a Bridge - Party (MP4)</p> <p>9:30a Aches and Pains? Meet with Physical Therapist Grace (Clinic)</p> <p>9:30a Tuesday Walkers</p> <p>10a CRI - Creative Retirement Institute (CRB)</p> <p>10a Tuesday Gentle Yoga (MP1&2)</p> <p>11:30a Live Music with Jack Roy-Feczko (BR)</p> <p>11:30a Homage / EWC Community Lunch (BR)</p> <p>12:30p Mah Jongg - American (MP4)</p> <p>12:30p Reiki Healing (Fee)</p> <p>1p Dancing & Live Music at Ballinger (LBC)</p> <p>1p Sound Singers Choir (MP1&2)</p> <p>1:30p American Film History (MP3)</p> <p>2p Early-Onset Alzheimer's Memory Cafe (CRA)</p>	<p>8:30a (allday) Ping Pong/Table Tennis (GR)</p> <p>8:30a (allday) Pool/Billiards (GR)</p> <p>8:30a Live Music with Frank Salerno (BR)</p> <p>9a AARP Driver Refresher (CRA)</p> <p>9a Tech Help - 1 on 1 (CL)</p> <p>9a DROP IN Prenatal and Beginning Yoga</p> <p>9a Prenatal and Beginning Yoga (MP3)</p> <p>9:30a Friendship Quilters (MP4)</p> <p>9:30a One Hour Fitness with Susan at EWC (MP1&2)</p> <p>9:30a One Hour Fitness with Susan on Zoom</p> <p>10a Current Events Discussion (CRB)</p> <p>10:45a Soft Exercise with Susan at EWC (MP1&2)</p> <p>10:45a Soft Exercise with Susan on Zoom</p> <p>11:45a Live Music with Nick Baker (BR)</p> <p>1p Mah Jongg - Chinese (MP3)</p> <p>1p Edmonds Ukulele Aikanes (MP1&2)</p> <p>1:30p Help to Apply for Property Tax Exemption (CRA)</p> <p>2p Line Dancing - Easy/Intermediate (Ballinger)</p> <p>2:30p Feldenkrais Drop in</p> <p>2:30p Improving Movement with the Feldenkrais Method - Group Series (MP4)</p>	<p>8:30a (allday) Ping Pong/Table Tennis (GR)</p> <p>8:30a (allday) Pool/Billiards (GR)</p> <p>8:30a Woodcarving (MP4)</p> <p>9a AARP Driver Refresher (CRA)</p> <p>9a Thursday Gentle Yoga (MP1&2)</p> <p>10a German Club (CRB)</p> <p>11:30a Homage / EWC Community Lunch (BR)</p> <p>12p Live Music with Ruben Barron (BR)</p> <p>1p Nutrition and Lifestyle Therapy to Prevent Chronic Disease (CRB)</p> <p>1p MOVEMENT FOR LIFE/DANCE FOR ANY BODY (MP4)</p> <p>1:30p Bastyr Clinic (Clinic Rooms)</p> <p>1:30p Help to Apply for Property Tax Exemption (CRA)</p>	<p>8:30a (allday) Pool/Billiards (GR)</p> <p>9a DROP IN Prenatal and Beginning Yoga</p> <p>9a Prenatal and Beginning Yoga (MP3)</p> <p>9:30a One Hour Fitness with Susan at EWC (MP1&2)</p> <p>9:30a One Hour Fitness with Susan on Zoom</p> <p>10a DROP IN Baby and Me</p> <p>10:30a No Fear Watercolor - Beginning (MP3)</p> <p>10:30a Baby & Me Yoga (MP4)</p> <p>10:45a Soft Exercise with Susan at EWC (MP1&2)</p> <p>10:45a Soft Exercise with Susan on Zoom</p> <p>11:30a Live Music with Danny Lambino (BR)</p> <p>11:30a Homage / EWC Community Lunch (BR)</p> <p>12p Ping Pong/Table Tennis (TS)</p> <p>1p Handmade Greeting Cards (MP4)</p> <p>1p Writer's Round Table (Zoom)</p> <p>1:15p Line Dancing - Beginner (MP3)</p> <p>1:30p Filling Your Salad Bowl Cooking Demo (MP1)</p> <p>2:30p Line Dancing - Intermediate (MP3)</p>
20	21	22	23	24
<p>8:30a (allday) Ping Pong/Table Tennis (GR)</p> <p>8:30a (allday) Pool/Billiards (GR)</p> <p>9a DROP IN Prenatal and Beginning Yoga</p> <p>9a Prenatal and Beginning Yoga (MP3)</p> <p>9:30a One Hour Fitness with Susan at EWC (MP1&2)</p> <p>9:30a One Hour Fitness with Susan on Zoom</p> <p>10a DROP IN Baby and Me</p>	<p>8:30a (allday) Ping Pong/Table Tennis (GR)</p> <p>8:30a (allday) Pool/Billiards (GR)</p> <p>8a Homage Counseling (Clinic)</p> <p>8:30a Pinochle (MP3)</p> <p>9a Bridge - Party (MP4)</p> <p>9:30a Tuesday Walkers</p> <p>10a CRI - Creative Retirement Institute (CRB)</p>	<p>8:30a (allday) Ping Pong/Table Tennis (GR)</p> <p>8:30a (allday) Pool/Billiards (GR)</p> <p>8:30a Live Music with Frank Salerno (BR)</p> <p>9a Tech Help - 1 on 1 (CRA)</p> <p>9a DROP IN Prenatal and Beginning Yoga</p> <p>9a Prenatal and Beginning Yoga (MP3)</p> <p>9:30a TRIP - Kari's Bog</p>	<p>7:00a (allday) HIKE - Skookum Flats & Waterfall (Greenwater)</p> <p>8:30a (allday) Ping Pong/Table Tennis (GR)</p> <p>8:30a (allday) Pool/Billiards (GR)</p> <p>8:30a Woodcarving (MP4)</p> <p>9a Thursday Gentle Yoga (MP1&2)</p> <p>10a German Club (CRB)</p> <p>10:30a No Fear Watercolor - Intermediate (MP3)</p>	<p>8:30a (allday) Pool/Billiards (GR)</p> <p>9a DROP IN Prenatal and Beginning Yoga</p> <p>9a Prenatal and Beginning Yoga (MP3)</p> <p>9:30a Prescription Drug Assistance Network (Clinic)</p> <p>9:30a One Hour Fitness with Susan at EWC (MP1&2)</p> <p>9:30a One Hour Fitness with Susan on Zoom</p> <p>10a Buddy Poppies with VFW and Auxiliary (CL)</p>

Mon	Tue	Wed	Thu	Fri
20	21	22	23	24
<p>10:30a Baby & Me Yoga (MP4)</p> <p>10:30a Bhangra Dance Class - Monthly (MP3)</p> <p>10:45a Soft Exercise with Susan at EWC (MP1&2)</p> <p>10:45a Soft Exercise with Susan on Zoom</p> <p>11:30a Bridge - Duplicate (Ballinger)</p> <p>11:30a Live Music with Edgar Catalano (BR)</p> <p>11:30a Homage / EWC Community Lunch (BR)</p> <p>12p Driftwood Sculpture (MP4)</p> <p>12p Rolling Crone Singers (MP3)</p> <p>12p Music Wellness and Connection for Seniors (CRA)</p> <p>1p Rug Braiding (CRB)</p> <p>1p Super Bingo sponsored by Rosewood Courte (MP1&2)</p> <p>1p Rolling Crone Singers Spring Concert (BR)</p> <p>3:15p DROP IN Family Yoga</p> <p>3:15p Family Yoga (MP3)</p>	<p>10a Tuesday Gentle Yoga (MP1&2)</p> <p>11:30a Live Music with Jack Roy-Feczko (BR)</p> <p>11:30a Homage / EWC Community Lunch (BR)</p> <p>12:30p Mah Jongg - American (MP4)</p> <p>1p Free Reiki Healing (Clinic)</p> <p>1p Dancing & Live Music at Ballinger (LBC)</p> <p>1p Sound Singers Choir (MP1&2)</p> <p>1p Empowered Aging in Place (CRB)</p> <p>1:30p American Film History (MP3)</p>	<p>9:30a Friendship Quilters (MP4)</p> <p>9:30a One Hour Fitness with Susan at EWC (MP1&2)</p> <p>9:30a One Hour Fitness with Susan on Zoom</p> <p>10a Current Events Discussion (CRB)</p> <p>10:30a No Fear Drawing (MP3)</p> <p>10:45a Soft Exercise with Susan at EWC (MP1&2)</p> <p>10:45a Soft Exercise with Susan on Zoom</p> <p>11:45a Live Music with Nick Baker (BR)</p> <p>1p Edmonds Ukulele Aikanes (MP1&2)</p> <p>2p Line Dancing - Easy/Intermediate (Ballinger)</p> <p>2:30p Alzheimer's/Dementia Caregivers Support Group (MP3)</p> <p>2:30p Feldenkrais Drop in</p> <p>2:30p Improving Movement with the Feldenkrais Method - Group Series (MP4)</p>	<p>11:30a Homage / EWC Community Lunch (BR)</p> <p>12p Live Music with David Johnson (BR)</p> <p>1p MOVEMENT FOR LIFE/DANCE FOR ANY BODY (MP4)</p> <p>1:30p Bastyr Clinic (Clinic Rooms)</p> <p>1:30p No Fear Portraits (MP3)</p>	<p>10a DROP IN Baby and Me</p> <p>10a SECRETS OF GRACEFUL AGING and *Mindful Meditation (CRB)</p> <p>10:30a No Fear Watercolor - Beginning (MP3)</p> <p>10:30a Baby & Me Yoga (MP4)</p> <p>10:45a Soft Exercise with Susan at EWC (MP1&2)</p> <p>10:45a Soft Exercise with Susan on Zoom</p> <p>11:30a Live Music with Danny Lambino (BR)</p> <p>11:30a Homage / EWC Community Lunch (BR)</p> <p>12p Ping Pong/Table Tennis (TS)</p> <p>1p Writer's Round Table (Zoom)</p> <p>1:15p Line Dancing - Beginner (MP3)</p> <p>2p Smart Phone Basics (CRB)</p> <p>2:30p Line Dancing - Intermediate (MP3)</p>
27	28	29	30	31
<p>CLOSED FOR HOLIDAY</p>	<p>8:30a (allday) Ping Pong/Table Tennis (GR)</p> <p>8:30a (allday) Pool/Billiards (GR)</p> <p>8a Homage Counseling (Clinic)</p> <p>8:30a Pinochle (MP3)</p> <p>9a Bridge - Party (MP4)</p> <p>9:30a Tuesday Walkers</p> <p>10a Tuesday Gentle Yoga (MP1&2)</p> <p>11:30a Live Music with Jack Roy-Feczko (BR)</p> <p>11:30a Homage / EWC Community Lunch (BR)</p> <p>12:30p Mah Jongg - American (MP4)</p> <p>12:30p Reiki Healing (Fee)</p> <p>1p Dancing & Live Music at Ballinger (LBC)</p> <p>1p Sound Singers Choir (MP1&2)</p> <p>1:30p American Film History (MP3)</p>	<p>8:30a (allday) Ping Pong/Table Tennis (GR)</p> <p>8:30a (allday) Pool/Billiards (GR)</p> <p>8:30a Live Music with Frank Salerno (BR)</p> <p>9a Tech Help - 1 on 1 (CRA)</p> <p>9a DROP IN Prenatal and Beginning Yoga</p> <p>9a Prenatal and Beginning Yoga (MP3)</p> <p>9:30a Friendship Quilters (MP4)</p> <p>9:30a One Hour Fitness with Susan at EWC (MP1&2)</p> <p>9:30a One Hour Fitness with Susan on Zoom</p> <p>10a DSHS Mobile Community Service Office- South Parking Lot</p> <p>10a Current Events Discussion (CRB)</p> <p>10:30a No Fear Drawing (MP3)</p> <p>10:45a TRIP - Argosy Seattle Locks Cruise</p> <p>10:45a Soft Exercise with Susan at EWC (MP1&2)</p> <p>10:45a Soft Exercise with Susan on Zoom</p> <p>11:45a Live Music with Nick Baker (BR)</p> <p>1p Edmonds Ukulele Aikanes (MP1&2)</p> <p>2p Line Dancing - Easy/Intermediate (Ballinger)</p> <p>2:30p Feldenkrais Drop in</p> <p>2:30p Improving Movement with the Feldenkrais Method - Group Series (MP4)</p>	<p>8:30a (allday) Ping Pong/Table Tennis (GR)</p> <p>8:30a (allday) Pool/Billiards (GR)</p> <p>8:30a Woodcarving (MP4)</p> <p>9a Thursday Gentle Yoga (MP1&2)</p> <p>10a German Club (CRB)</p> <p>10:30a No Fear Watercolor - Intermediate (MP3)</p> <p>11:30a Homage / EWC Community Lunch (BR)</p> <p>12p Live Music with Ruben Barron (BR)</p> <p>1p EWC Travel Club - Upcoming Tours with Collette Travel</p> <p>1p MOVEMENT FOR LIFE/DANCE FOR ANY BODY (MP4)</p> <p>1:30p Bastyr Clinic (Clinic Rooms)</p> <p>1:30p No Fear Portraits (MP3)</p> <p>1:30p Intergenerational Book Group (Zoom)</p> <p>6:30p All Ages Trivia Night! (BR)</p>	<p>8:30a (allday) Pool/Billiards (GR)</p> <p>9a DROP IN Prenatal and Beginning Yoga</p> <p>9a Prenatal and Beginning Yoga (MP3)</p> <p>9:30a One Hour Fitness with Susan at EWC (MP1&2)</p> <p>9:30a One Hour Fitness with Susan on Zoom</p> <p>10a DROP IN Baby and Me</p> <p>10a SECRETS OF GRACEFUL AGING and *Mindful Meditation (CRB)</p> <p>10:30a No Fear Watercolor - Beginning (MP3)</p> <p>10:30a Baby & Me Yoga (MP4)</p> <p>10:45a Soft Exercise with Susan at EWC (MP1&2)</p> <p>10:45a Soft Exercise with Susan on Zoom</p> <p>11:30a Live Music with Danny Lambino (BR)</p> <p>11:30a Homage / EWC Community Lunch (BR)</p> <p>12p Ping Pong/Table Tennis (TS)</p> <p>1p Writer's Round Table (Zoom)</p> <p>1:15p Line Dancing - Beginner (MP3)</p> <p>2:30p Line Dancing - Intermediate (MP3)</p>