

**EDMONDS WATERFRONT CENTER
DECEMBER 2022
ACTIVITY CALENDAR**

Mon	Tue	Wed	Thu	Fri
			<p style="text-align: right;">1</p> <p>8:00a Footcare (The Studio)</p> <p>8:00a SHIBA Advisors - By Appointment Only</p> <p>8:00a Bastyr Clinic (Clinic Rooms)</p> <p>8:30a Ping Pong (Game Room)</p> <p>8:30a Pool/Billiards (Game Room)</p> <p>8:30a Woodcarvers (MP4)</p> <p>9:45a Trip - Burke Museum - POSTPONED *FULL*</p> <p>10:00a German Club (CRB)</p> <p>10:30a No Fear Watercolor - Intermediate (MP3) *FULL*</p> <p>10:30a Tai Chi - Beginner (MP1&2) *FULL*</p> <p>11:00a Senior Dining Program (Banquet Room)</p> <p>12:00p Ruben Barron - Music in the Bistro</p> <p>1:00p Bastyr Clinic (Clinic Rooms)</p> <p>1:00p Senior Swingers Orchestra (MP1&2)</p> <p>1:00p Parkinson's Dance & Movement for Any Body (MP4)</p> <p>1:00p Membership Committee (Zoom)</p> <p>1:30p No Fear Portraits (MP3)</p> <p>1:30p AARP - Vigilance Against Cyber Crime</p> <p>3:00p Board Meeting Prep</p> <p>4:00p Board Meeting</p>	<p style="text-align: right;">2</p> <p>8:00a SHIBA Advisors - By Appointment Only</p> <p>8:30a Pool/Billiards (Game Room)</p> <p>8:30a Community Breakfast (BR)</p> <p>9:00a Prenatal Yoga (MP3)</p> <p>9:30a Mindful Breath & Movement (MP4)</p> <p>9:30a One Hour Fitness with Susan (MP1&2)</p> <p>10:30a No Fear Watercolor - Beginning (MP3) *FULL*</p> <p>10:45a Soft Exercise with Susan - (MP1&2)</p> <p>11:00a Senior Dining Program (Banquet Room)</p> <p>11:30a Lito Castro - Music in the Bistro</p> <p>12:00p Ping Pong (The Studio)</p> <p>1:15p Line Dancing - Beginner (MP3) *FULL*</p> <p>2:30p Line Dancing - Intermediate (MP3)</p> <p>3:30p Prep for Board Mtg</p>
<p style="text-align: right;">5</p> <p>8:00a SHIBA Advisors - By Appointment Only</p> <p>8:30a Ping Pong (Game Room)</p> <p>8:30a Pool/Billiards (Game Room)</p> <p>9:00a Prenatal Yoga (MP3)</p> <p>9:30a Mindful Breath & Movement (MP4)</p> <p>9:30a One Hour Fitness with Susan (MP1&2)</p>	<p style="text-align: right;">6</p> <p>8:00a SHIBA Advisors - By Appointment Only</p> <p>8:00a SHIBA Open Enrollment (The Studio)</p> <p>8:30a Ping Pong (Game Room)</p> <p>8:30a Pool/Billiards (Game Room)</p> <p>8:30a Pinochle (MP3)</p> <p>9:00a Bridge - Party (MP4)</p>	<p style="text-align: right;">7</p> <p>8:00a Footcare (The Studio)</p> <p>8:00a SHIBA Advisors - By Appointment Only</p> <p>8:30a Ping Pong (Game Room)</p> <p>8:30a Pool/Billiards (Game Room)</p> <p>9:00a Prenatal Yoga (MP3)</p> <p>9:30a One Hour Fitness with Susan (MP1&2)</p>	<p style="text-align: right;">8</p> <p>8:00a Footcare (The Studio) -CANCELLED-</p> <p>8:00a Hike - Smith/Spencer Island (Everett)</p> <p>8:00a SHIBA Advisors - By Appointment Only</p> <p>8:00a Bastyr Clinic (Clinic Rooms)</p> <p>8:30a Ping Pong (Game Room)</p> <p>8:30a Pool/Billiards (Game Room)</p>	<p style="text-align: right;">9</p> <p>8:00a SHIBA Advisors - By Appointment Only</p> <p>8:30a Pool/Billiards (Game Room)</p> <p>9:00a Prenatal Yoga (MP3)</p> <p>9:30a Prescription Drug Assistance Network (Clinic Room)</p> <p>9:30a Mindful Breath & Movement (MP4)</p> <p>9:30a One Hour Fitness with Susan (MP1&2)</p>

Mon	Tue	Wed	Thu	Fri
5	6	7	8	9
10:00a Weekly Writers Group (CRB) 10:30a S&R Program Committee Meeting (CRA) 10:45a Soft Exercise with Susan - (MP1&2) 11:00a Senior Dining Program (Banquet Room) 11:30a Bridge - Duplicate (The Studio) 12:00p Driftwood Sculpture (MP4) 12:00p Rolling Crone Singers (MP3) 1:00p Legal Services (Clinic Rm 3) *FULL* 1:00p Ballroom Dance & Social (BR South) 1:00p Bingo (MP1&2)	9:30a Tuesday Walkers 9:30a Facilities Committee Meeting (CRA) 10:00a Gentle Yoga (MP1) 11:00a Senior Dining Program (Banquet Room) 12:00p Jack Roy-Feczko - Music in the Bistro 12:30p Mah Jongg - American (MP4) 12:30p Music to Support Emotional and Cognitive Health (CRA) 1:00p American Film History (MP3) 1:00p Sound Singers Choir (MP1&2) 6:00p Essential Skills of Wilderness Survival (Author Talk Event) CRB	10:00a Current Events Discussion (CRB) 10:00a EWC Public Tour (Lobby) 10:30a No Fear Drawing (MP3) *FULL* 10:45a Soft Exercise with Susan - (MP1&2) 11:00a Senior Dining Program (Banquet Room) 11:45a Nick Baker - Music in the Bistro 1:00p Feldenkrais Method of Movement - Private Sessions (Clinic) 1:00p Friendship Quilters (MP4) 1:00p Mahjong - Chinese (MP3) 1:00p Edmonds Ukulele Aikanes (MP1&2)	8:30a Woodcarvers (MP4) 10:00a German Club (CRB) 10:30a No Fear Watercolor - Intermediate (MP3) *FULL* 10:30a Tai Chi - Beginner (MP1&2) *FULL* 11:00a Senior Dining Program (Banquet Room) 12:00p Mark Ellis Trio - Music in the Bistro 12:00p Auxiliary to the VFW (CRB) 1:00p Bastyr Clinic (Clinic Rooms) 1:00p Senior Swingers Orchestra (MP1&2) 1:00p Parkinson's Dance & Movement for Any Body (MP4) 1:30p No Fear Portraits (MP3) 2:00p Strategic Planning (CRB)	10:30a No Fear Watercolor - Beginning (MP3) *FULL* 10:45a Soft Exercise with Susan - (MP1&2) 11:00a Senior Dining Program (Banquet Room) 11:30a Lito Castro - Music in the Bistro 12:00p Ping Pong (The Studio) 1:15p Line Dancing - Beginner (MP3) *FULL* 2:30p Line Dancing - Intermediate (MP3)
12	13	14	15	16
8:00a SHIBA Advisors - By Appointment Only 8:30a Ping Pong (Game Room) 8:30a Pool/Billiards (Game Room) 9:00a Prenatal Yoga (MP3) 9:30a Health and Wellness Committee (CRA) 9:30a Mindful Breath & Movement (MP4) 9:30a One Hour Fitness with Susan (MP1&2) 10:00a Financial Services (Clinic Room 1) 10:00a Weekly Writers Group (CRB) 10:45a Soft Exercise with Susan - (MP1&2) 11:00a Senior Dining Program (Banquet Room) 11:30a Bridge - Duplicate (The Studio)	8:00a SHIBA Advisors - By Appointment Only 8:00a Vision and Hearing Screening (Clinic Rooms) 8:30a Ping Pong (Game Room) 8:30a Pool/Billiards (Game Room) 8:30a Pinochle (MP3) 9:00a Bridge - Party (MP4) 9:30a Tuesday Walkers 10:00a Gentle Yoga (MP1) 11:00a Senior Dining Program (Banquet Room) 12:00p Jack Roy-Feczko - Music in the Bistro 12:30p Mah Jongg - American (MP4) 12:30p Music to Support Emotional and Cognitive Health (CRA)	8:00a Footcare (The Studio) 8:00a SHIBA Advisors - By Appointment Only 8:30a Ping Pong (Game Room) 8:30a Pool/Billiards (Game Room) 9:00a Prenatal Yoga (MP3) 9:30a One Hour Fitness with Susan (MP1&2) 10:00a Current Events Discussion (CRB) 10:00a Tech Help - eBooks Internet Searches & More (CRA) 10:00a EWC Public Tour (Lobby) 10:30a No Fear Drawing (MP3) *FULL* 10:45a Soft Exercise with Susan - (MP1&2) 11:00a Senior Dining Program (Banquet Room)	8:00a Footcare -CANCELLED- 8:00a SHIBA Advisors - By Appointment Only 8:00a Bastyr Clinic (Clinic Rooms) 8:30a Ping Pong (Game Room) 8:30a Pool/Billiards (Game Room) 8:30a Woodcarvers (MP4) 10:00a German Club (CRB) 10:30a No Fear Watercolor - Intermediate (MP3) *FULL* 10:30a Tai Chi - Beginner (MP1&2) *FULL* 11:00a Senior Dining Program (Banquet Room) 12:00p David Johnson - Music in the Bistro 12:30p Trip - Senior Holiday Party at the Seattle Sheraton	8:00a SHIBA Advisors - By Appointment Only 8:30a Pool/Billiards (Game Room) 9:00a Prenatal Yoga (MP3) 9:30a Mindful Breath & Movement (MP4) 9:30a One Hour Fitness with Susan (MP1&2) 10:30a No Fear Watercolor - Beginning (MP3) *FULL* 10:45a Soft Exercise with Susan - (MP1&2) 11:00a Special Holiday Lunch - Christmas 11:30a Lito Castro - Music in the Bistro 12:00p Ping Pong (The Studio) 1:00p Holiday Cards and Gift Tags (MP4) *FULL* 1:15p Line Dancing - Beginner (MP3) *FULL*

Mon	Tue	Wed	Thu	Fri
12	13	14	15	16
<p>12:00p Driftwood Sculpture (MP4)</p> <p>12:00p 12 Days of Goodness/Blue Monday Seahawks Event (Community Event) BR/CL</p> <p>12:00p Rolling Crone Singers (MP3)</p> <p>12:15p Rolling Crone Singers Holiday Concert (BR)</p> <p>1:00p Ballroom Dance & Social (BR South)</p> <p>1:00p Bingo (MP1&2)</p>	<p>1:00p American Film History (MP3)</p> <p>1:00p Sound Singers Choir (MP1&2)</p> <p>2:00p Early-Onset Alzheimer's Memory Cafe</p> <p>5:30p Alzheimer's/Dementia Caregivers Support Group (CRB)</p>	<p>11:45a Nick Baker - Music in the Bistro</p> <p>1:00p Friendship Quilters (MP4)</p> <p>1:00p Edmonds Ukulele Aikanes (MP1&2)</p> <p>2:00p Alzheimer's/Dementia Caregivers Support Group (MP3)</p>	<p>1:00p Bastyr Clinic (Clinic Rooms)</p> <p>1:00p Hiking Group (Meeting) CRB</p> <p>1:00p Senior Swingers Orchestra (MP1&2) -CANCELLED-</p> <p>1:00p Parkinson's Dance & Movement for Any Body (MP4) -CANCELLED-</p> <p>1:30p No Fear Portraits (MP3)</p> <p>1:30p Intergenerational Book Group (Zoom)</p> <p>2:00p Senior Swingers Orchestra Holiday Concert (MP1&2)</p>	<p>2:30p Line Dancing - Intermediate (MP3)</p>
19	20	21	22	--Christmas Eve (Observed)--23
<p>8:00a SHIBA Advisors - By Appointment Only</p> <p>8:30a Ping Pong (Game Room)</p> <p>8:30a Pool/Billiards (Game Room)</p> <p>9:00a Prenatal Yoga (MP3)</p> <p>9:30a Mindful Breath & Movement (MP4)</p> <p>9:30a One Hour Fitness with Susan (MP1&2)</p> <p>10:00a Weekly Writers Group (CRB)</p> <p>10:45a Soft Exercise with Susan - (MP1&2)</p> <p>11:00a Senior Dining Program (Banquet Room)</p> <p>11:30a Bridge - Duplicate (The Studio)</p> <p>12:00p Driftwood Sculpture (MP4)</p> <p>12:00p Rolling Crone Singers (MP3)</p>	<p>8:00a SHIBA Advisors - By Appointment Only</p> <p>8:30a Ping Pong (Game Room)</p> <p>8:30a Pool/Billiards (Game Room)</p> <p>8:30a Pinochle (MP3)</p> <p>9:00a Bridge - Party (MP4)</p> <p>9:30a Tuesday Walkers</p> <p>10:00a Gentle Yoga (MP1)</p> <p>11:00a Senior Dining Program (Banquet Room)</p> <p>12:00p Jack Roy-Feczko - Music in the Bistro</p> <p>12:30p Mah Jongg - American (MP4)</p> <p>12:30p Music to Support Emotional and Cognitive Health (CRA)</p> <p>1:00p American Film History (MP3)</p>	<p>7:30a Bloodworks NW (The Studio)</p> <p>8:00a SHIBA Advisors - By Appointment Only</p> <p>8:30a Ping Pong (Game Room)</p> <p>8:30a Pool/Billiards (Game Room)</p> <p>9:00a AARP Driver Refresher (Comm Rm A)</p> <p>9:00a Prenatal Yoga (MP3)</p> <p>9:30a One Hour Fitness with Susan (MP1&2)</p> <p>10:00a Current Events Discussion (CRB)</p> <p>10:00a EWC Public Tour (Lobby)</p> <p>10:30a No Fear Drawing (MP3) -CANCELLED-</p> <p>10:45a Soft Exercise with Susan - (MP1&2)</p> <p>11:00a Senior Dining Program (Banquet Room)</p>	<p>8:00a Bloodworks NW (The Studio)</p> <p>8:00a SHIBA Advisors - By Appointment Only</p> <p>8:00a Bastyr Clinic (Clinic Rooms)</p> <p>8:30a Ping Pong (Game Room)</p> <p>8:30a Pool/Billiards (Game Room)</p> <p>8:30a Woodcarvers (MP4)</p> <p>9:00a AARP Driver Refresher (Comm Rm A)</p> <p>10:00a German Club (CRB)</p> <p>10:30a No Fear Watercolor - Intermediate (MP3) -CANCELLED-</p> <p>11:00a Senior Dining Program (Banquet Room)</p> <p>11:30a Joanne Davis - Music in the Bistro</p> <p>1:00p Bastyr Clinic (Clinic Rooms)</p>	<p>8:00a SHIBA Advisors - By Appointment Only -CANCELLED-</p> <p>8:30a Pool/Billiards (Game Room) -CANCELLED-</p> <p>9:00a Prenatal Yoga (MP3) -CANCELLED-</p> <p>9:30a Prescription Drug Assistance Network (Clinic Room) -CANCELLED-</p> <p>9:30a Mindful Breath & Movement (MP4) -CANCELLED-</p> <p>9:30a One Hour Fitness with Susan (MP1&2) -CANCELLED-</p> <p>10:30a No Fear Watercolor - Beginning (MP3) -CANCELLED-</p> <p>10:45a Soft Exercise with Susan - (MP1&2) -CANCELLED-</p> <p>11:00a Senior Dining Program (Banquet Room) -CANCELLED-</p> <p>11:30a Lito Castro - Music in the Bistro -CANCELLED-</p> <p>12:00p Ping Pong (The Studio) -CANCELLED-</p> <p>1:15p Line Dancing - Beginner (MP3) -CANCELLED-</p>

Mon	Tue	Wed	Thu	Fri
19	20	21	22	23
1:00p Ballroom Dance & Social (BR South) 1:00p Super Bingo - sponsored by Rosewood Courte Memory Care (MP1&2)	1:00p Sound Singers Choir (MP1&2)	11:45a Nick Baker - Music in the Bistro 1:00p Feldenkrais Method of Movement - Private Sessions (Clinic) 1:00p Friendship Quilters (MP4) 1:00p Mahjong - Chinese (MP3) 1:00p Edmonds Ukulele Aikanes (MP1&2)	1:00p Senior Swingers Orchestra (MP1&2) -CANCELLED- 1:00p Parkinson's Dance & Movement for Any Body (MP4) 1:30p No Fear Portraits (MP3) -CANCELLED- 4:00p Board of Directors Meeting (CRB/Zoom)	2:30p Line Dancing - Intermediate (MP3) -CANCELLED-
--Christmas Day				
26	27	28	29	30
8:00a SHIBA Advisors - By Appointment Only -CANCELLED- 8:30a Ping Pong (Game Room) -CANCELLED- 8:30a Pool/Billiards (Game Room) -CANCELLED- 9:00a Prenatal Yoga (MP3) -CANCELLED- 9:30a Mindful Breath & Movement (MP4) -CANCELLED- 9:30a One Hour Fitness with Susan (MP1&2) -CANCELLED- 10:00a Weekly Writers Group (CRB) -CANCELLED- 10:45a Soft Exercise with Susan - (MP1&2) -CANCELLED- 11:00a Senior Dining Program (Banquet Room) -CANCELLED- 11:30a Bridge - Duplicate (The Studio) -CANCELLED- 12:00p Driftwood Sculpture (MP4) -CANCELLED- 12:00p Rolling Crone Singers (MP3) -CANCELLED- 1:00p Legal Services (Clinic Rm 3) -CANCELLED- 1:00p Ballroom Dance & Social (BR South) -CANCELLED- 1:00p Bingo (MP1&2) -CANCELLED-	8:00a Bloodworks NW (The Studio) 8:00a SHIBA Advisors - By Appointment Only 8:30a Ping Pong (Game Room) 8:30a Pool/Billiards (Game Room) 8:30a Pinochle (MP3) 9:00a Bridge - Party (MP4) 9:30a Tuesday Walkers 10:00a Gentle Yoga (MP1) 11:00a Senior Dining Program (Banquet Room) 12:00p Jack Roy-Feczko - Music in the Bistro 12:30p Mah Jongg - American (MP4) 12:30p Music to Support Emotional and Cognitive Health (CRA) 1:00p American Film History (MP3) 1:00p Sound Singers Choir (MP1&2)	8:00a Bloodworks NW (The Studio) 8:00a SHIBA Advisors - By Appointment Only 8:30a Ping Pong (Game Room) 8:30a Pool/Billiards (Game Room) 9:00a Prenatal Yoga (MP3) 9:30a One Hour Fitness with Susan (MP1&2) 10:00a Current Events Discussion (CRB) 10:00a Tech Help - eBooks Internet Searches & More (CRA) 10:00a EWC Public Tour (Lobby) 10:30a No Fear Drawing (MP3) *FULL* 10:45a Soft Exercise with Susan - (MP1&2) 11:00a Senior Dining Program (Banquet Room) 11:45a Nick Baker - Music in the Bistro 1:00p Friendship Quilters (MP4) 1:00p Edmonds Ukulele Aikanes (MP1&2) 4:30p Trip - The Lights of Christmas *FULL*	8:00a SHIBA Advisors - By Appointment Only 8:00a Bastyr Clinic (Clinic Rooms) 8:30a Ping Pong (Game Room) 8:30a Pool/Billiards (Game Room) 8:30a Woodcarvers (MP4) 10:00a German Club (CRB) 10:30a No Fear Watercolor - Intermediate (MP3) *FULL* 11:00a Senior Dining Program (Banquet Room) 1:00p Bastyr Clinic (Clinic Rooms) 1:00p Senior Swingers Orchestra (MP1&2) -CANCELLED- 1:00p Parkinson's Dance & Movement for Any Body (MP4) 1:30p No Fear Portraits (MP3)	8:00a SHIBA Advisors - By Appointment Only 8:30a Pool/Billiards (Game Room) 9:00a Prenatal Yoga (MP3) 9:30a Mindful Breath & Movement (MP4) 9:30a One Hour Fitness with Susan (MP1&2) 10:30a No Fear Watercolor - Beginning (MP3) *FULL* 10:45a Soft Exercise with Susan - (MP1&2) 11:00a Senior Dining Program (Banquet Room) 11:30a Lito Castro - Music in the Bistro 12:00p Ping Pong (The Studio) 1:15p Line Dancing - Beginner (MP3) *FULL* 2:30p Line Dancing - Intermediate (MP3)