

Mon	Tue	Wed	Thu	Fri
<p>EDMONDS WATERFRONT CENTER ACTIVITY CALENDAR SEPTEMBER 2022</p>			<p style="text-align: right;">1</p> <p>8:00a SHIBA Advisors - By Appointment Only 8:00a Bastyr Clinic (Clinic Rooms) 8:30a Ping Pong (Game Room) 8:30a Pool/Billiards (Game Room) 8:30a Woodcarvers (MP4)</p> <p>9:30a One Hour Fitness with Susan (MP1&2) 10:00a Talk to a Librarian (Community Lounge) 10:00a German Club (Comm Room B) -CANCELLED- 10:30a No Fear Watercolor - Intermediate (MP3) -CANCELLED- 11:00a Senior Dining Program (Banquet Room) 12:00p Ruben Barron - Music in the Bistro 1:00p Senior Swingers Orchestra (MP1&2) -CANCELLED- 1:00p Parkinson's Dance & Movement for Any Body (MP4) 1:00p Membership Committee (Comm Rm A) 1:30p No Fear Portraits (MP3)</p>	<p style="text-align: right;">2</p> <p>8:00a SHIBA Advisors - By Appointment Only 8:30a Pool/Billiards (Game Room) 8:30a Community Breakfast (BR) 9:30a Mindful Breath & Movement 9:30a One Hour Fitness with Susan (MP1&2) 10:30a No Fear Watercolor - Beginning (MP3) 10:45a Soft Exercise with Susan - (MP1&2) 11:00a Senior Dining Program (Banquet Room) 11:30a Lito Castro - Music in the Bistro 12:00p Ping Pong (The Studio) 1:15p Line Dancing - Beginner (MP3) 2:30p Line Dancing - Intermediate (MP3)</p>
<p>--Labor Day--</p> <p>8:00a SHIBA Advisors - By Appointment Only -CANCELLED- 8:30a Ping Pong (Game Room) -CANCELLED- 8:30a Pool/Billiards (Game Room) -CANCELLED-</p> <p>9:30a Mindful Breath & Movement -CANCELLED- 9:30a One Hour Fitness with Susan (MP1&2) -CANCELLED- 9:30a Tai Chi - Beginner (The Studio) -CANCELLED- 10:00a Weekly Writers Group (Comm Room B) -CANCELLED-</p>	<p style="text-align: right;">5</p> <p>8:00a SHIBA Advisors - By Appointment Only 8:30a Ping Pong (Game Room) 8:30a Pool/Billiards (Game Room) 8:30a Pinochle (MP3) 9:00a Bridge - Party (MP4) 9:30a Tuesday Walkers 10:00a Gentle Yoga</p>	<p style="text-align: right;">6</p> <p>8:00a SHIBA Advisors - By Appointment Only 8:00a Footcare (The Studio) 8:30a Ping Pong (Game Room) 8:30a Pool/Billiards (Game Room) 9:30a One Hour Fitness with Susan (MP1&2) 10:00a Current Events Discussion (Comm Rm B) 10:00a EWC Public Tour (Lobby)</p>	<p style="text-align: right;">7</p> <p>6:00a Hike - Burrows 1 Loop (Sunrise/Mt Rainier) 8:00a Footcare 8:00a SHIBA Advisors - By Appointment Only 8:00a Bastyr Clinic (Clinic Rooms) 8:30a Ping Pong (Game Room) 8:30a Pool/Billiards (Game Room) 8:30a Woodcarvers (MP4)</p>	<p style="text-align: right;">8</p> <p>8:00a SHIBA Advisors - By Appointment Only 8:30a Pool/Billiards (Game Room) 9:30a Prescription Drug Assistance Network (Clinic Room) 9:30a Mindful Breath & Movement 9:30a One Hour Fitness with Susan (MP1&2) 10:30a No Fear Watercolor - Beginning (MP3) 10:45a Soft Exercise with Susan - (MP1&2)</p>

Mon	Tue	Wed	Thu	Fri
5	6	7	8	9
<p>10:30a S&R Program Committee (Meeting) CRA -CANCELLED-</p> <p>10:45a Soft Exercise with Susan - (MP1&2) -CANCELLED-</p> <p>11:00a Senior Dining Program (Banquet Room) -CANCELLED-</p> <p>11:30a Bridge - Duplicate (The Studio) -CANCELLED-</p> <p>12:00p Driftwood Sculpture (MP4) -CANCELLED-</p> <p>12:00p Rolling Crone Singers (MP3) -CANCELLED-</p> <p>1:00p Bingo (MP1&2) -CANCELLED-</p>	<p>11:00a Senior Dining Program (Banquet Room)</p> <p>12:00p Jack Roy-Feczko - Music in the Bistro</p> <p>12:30p Mah Jongg - American (MP4)</p> <p>1:00p Bastyr Clinic (Clinic Rooms)</p> <p>1:00p American Film History (MP3)</p> <p>1:00p Sound Singers Choir (MP1&2)</p>	<p>10:30a No Fear Drawing (MP3)</p> <p>10:45a Soft Exercise with Susan - (MP1&2)</p> <p>11:00a Senior Dining Program (Banquet Room)</p> <p>11:45a Nick Baker - Music in the Bistro</p> <p>1:00p Friendship Quilters (MP4)</p> <p>1:00p Edmonds Ukulele Aikanes (MP1&2)</p>	<p>10:00a Talk to a Librarian (Community Lounge)</p> <p>10:00a German Club (Comm Room B) -CANCELLED-</p> <p>10:00a Clogging - Introduction to (MP1&2)</p> <p>10:30a No Fear Watercolor - Intermediate (MP3)</p> <p>11:00a Senior Dining Program (Banquet Room)</p> <p>11:00a Clogging - Easy/Intermediate (MP1&2)</p> <p>12:00p Mark Ellis Trio - Music in the Bistro</p> <p>12:00p Auxiliary to the VFW (Meeting) CRB</p> <p>1:00p Aging Mastery Program (CRB) *FULL*</p> <p>1:00p Senior Swingers Orchestra (MP1&2)</p> <p>1:00p Parkinson's Dance & Movement for Any Body (MP4)</p> <p>1:30p No Fear Portraits (MP3)</p>	<p>11:00a Senior Dining Program (Banquet Room)</p> <p>11:30a Lito Castro - Music in the Bistro</p> <p>11:30a Genealogy 2 - Continuing (Comm Rm B)</p> <p>12:00p Ping Pong (The Studio)</p> <p>1:15p Line Dancing - Beginner (MP3)</p> <p>1:30p Genealogy 1 - Beginning (Comm Rm B)</p> <p>2:30p Line Dancing - Intermediate (MP3)</p>
12	13	14	15	16
<p>8:00a Mammovan (Location - outside SE side of parking lot)</p> <p>8:00a SHIBA Advisors - By Appointment Only</p> <p>8:30a Ping Pong (Game Room)</p> <p>8:30a Pool/Billiards (Game Room)</p> <p>9:30a Health and Wellness Committee</p> <p>9:30a Mindful Breath & Movement</p> <p>9:30a One Hour Fitness with Susan (MP1&2)</p> <p>9:30a Tai Chi - Beginner -CANCELLED-</p> <p>10:00a Financial Services (Clinic Room 1)</p> <p>10:00a Weekly Writers Group (Comm Room B)</p> <p>10:00a Couples Country Dancing (MP3)</p> <p>10:45a Soft Exercise with Susan - (MP1&2)</p>	<p>8:00a SHIBA Advisors - By Appointment Only</p> <p>8:30a Ping Pong (Game Room)</p> <p>8:30a Pool/Billiards (Game Room)</p> <p>8:30a Pinochle (MP3)</p> <p>9:00a Bridge - Party (MP4)</p> <p>9:00a Spanish Conversation (Zoom)</p> <p>9:30a Tuesday Walkers</p> <p>10:00a Gentle Yoga</p> <p>11:00a Senior Dining Program (Banquet Room)</p> <p>12:00p Jack Roy-Feczko - Music in the Bistro</p> <p>12:30p Mah Jongg - American (MP4)</p> <p>1:00p Bastyr Clinic (Clinic Rooms)</p>	<p>8:00a SHIBA Advisors - By Appointment Only</p> <p>8:00a Footcare (The Studio)</p> <p>8:30a Ping Pong (Game Room)</p> <p>8:30a Pool/Billiards (Game Room)</p> <p>9:30a One Hour Fitness with Susan (MP1&2)</p> <p>10:00a Current Events Discussion (Comm Rm B)</p> <p>10:00a EWC Public Tour (Lobby)</p> <p>10:15a Trip - Mariners vs Padres</p> <p>10:30a No Fear Drawing (MP3)</p> <p>10:45a Soft Exercise with Susan - (MP1&2)</p> <p>11:00a Senior Dining Program (Banquet Room)</p> <p>11:45a Nick Baker - Music in the Bistro</p>	<p>8:00a Footcare</p> <p>8:00a SHIBA Advisors - By Appointment Only</p> <p>8:00a Bastyr Clinic (Clinic Rooms)</p> <p>8:30a Ping Pong (Game Room)</p> <p>8:30a Pool/Billiards (Game Room)</p> <p>8:30a Woodcarvers (MP4)</p> <p>10:00a Talk to a Librarian (Community Lounge)</p> <p>10:00a German Club (Comm Room B)</p> <p>10:00a Clogging - Introduction to (MP1&2)</p> <p>10:30a No Fear Watercolor - Intermediate (MP3)</p> <p>11:00a Senior Dining Program (Banquet Room)</p> <p>11:00a Clogging - Easy/Intermediate (MP1&2)</p>	<p>8:00a SHIBA Advisors - By Appointment Only</p> <p>8:30a Pool/Billiards (Game Room)</p> <p>9:30a Mindful Breath & Movement</p> <p>9:30a One Hour Fitness with Susan (MP1&2)</p> <p>10:30a No Fear Watercolor - Beginning (MP3)</p> <p>10:45a Soft Exercise with Susan - (MP1&2)</p> <p>11:00a Senior Dining Program (Banquet Room)</p> <p>11:30a Lito Castro - Music in the Bistro</p> <p>11:30a Genealogy 2 - Continuing (Comm Rm B)</p> <p>12:00p Ping Pong (The Studio)</p> <p>1:15p Line Dancing - Beginner (MP3)</p> <p>1:30p Genealogy 1 - Beginning (Comm Rm B)</p>

Mon	Tue	Wed	Thu	Fri
12	13	14	15	16
11:00a Senior Dining Program (Banquet Room) 11:30a Bridge - Duplicate (The Studio) 12:00p Driftwood Sculpture (MP4) 12:00p Rolling Crone Singers (MP3) 1:00p Bingo (MP1&2)	1:00p American Film History (MP3) 1:00p Sound Singers Choir (MP1&2) 5:30p Alzheimers/Dementia Caregivers Support Group	1:00p Friendship Quilters (MP4) 1:00p How to Live Forever: The Enduring Power of Connecting the Generations (CRB) 1:00p Edmonds Ukulele Aikanes (MP1&2)	1:00p Aging Mastery Program (CRB) *FULL* 1:00p Senior Swingers Orchestra (MP1&2) 1:00p Parkinson's Dance & Movement for Any Body (MP4) 1:30p No Fear Portraits (MP3)	2:30p Line Dancing - Intermediate (MP3)
19	20	21	22	23
8:00a SHIBA Advisors - By Appointment Only 8:30a Ping Pong (Game Room) 8:30a Pool/Billiards (Game Room) 9:30a Mindful Breath & Movement 9:30a One Hour Fitness with Susan (MP1&2) 10:00a Weekly Writers Group (Comm Room B) 10:00a Couples Country Dancing (MP3) 10:45a Soft Exercise with Susan - (MP1&2) 11:00a Senior Dining Program (Banquet Room) 11:30a Bridge - Duplicate (The Studio) 12:00p Driftwood Sculpture (MP4) 12:00p Rolling Crone Singers (MP3) 1:00p Bingo (MP1&2)	8:00a SHIBA Advisors - By Appointment Only 8:30a Ping Pong (Game Room) 8:30a Pool/Billiards (Game Room) 8:30a Pinochle (MP3) 9:00a Bridge - Party (MP4) 9:00a Spanish Conversation (Zoom) 9:30a Tuesday Walkers 10:00a Living Better in Retirement (CRB) 10:00a Gentle Yoga 11:00a Senior Dining Program (Banquet Room) 12:00p Jack Roy-Feczko - Music in the Bistro 12:30p Mah Jongg - American (MP4) 1:00p Bastyr Clinic (Clinic Rooms) 1:00p American Film History (MP3) 1:00p Sound Singers Choir (MP1&2)	8:00a SHIBA Advisors - By Appointment Only 8:30a Ping Pong (Game Room) 8:30a Pool/Billiards (Game Room) 9:00a AARP Driver Refresher (Comm Rm A) *FULL* 9:30a One Hour Fitness with Susan (MP1&2) 10:00a Current Events Discussion (Comm Rm B) 10:00a EWC Public Tour (Lobby) 10:30a No Fear Drawing (MP3) 10:45a Soft Exercise with Susan - (MP1&2) 11:00a Senior Dining Program (Banquet Room) 11:45a Nick Baker - Music in the Bistro 1:00p Friendship Quilters (MP4) 1:00p Mahjong - Chinese (MP3) 1:00p Edmonds Ukulele Aikanes (MP1&2) 3:00p Trip - Smith Tower Tour	7:00a Hike - Blackbird Island - Leavenworth 8:00a SHIBA Advisors - By Appointment Only 8:00a Bastyr Clinic (Clinic Rooms) 8:30a Ping Pong (Game Room) 8:30a Pool/Billiards (Game Room) 8:30a Woodcarvers (MP4) 9:00a AARP Driver Refresher (Comm Rm A) 10:00a Talk to a Librarian (Community Lounge) 10:00a German Club (Comm Room B) 10:00a Clogging - Introduction to (MP1&2) 10:30a No Fear Watercolor - Intermediate (MP3) 11:00a Senior Dining Program (Banquet Room) 11:00a Clogging - Easy/Intermediate (MP1&2) 11:30a Joanne Davis - Music in the Bistro 1:00p Aging Mastery Program (CRB) *FULL* 1:00p Senior Swingers Orchestra (MP1&2) 1:00p Parkinson's Dance & Movement for Any Body (MP4) 1:30p No Fear Portraits (MP3) 4:30p EWC Board of Directors Meeting (The Studio)	8:00a SHIBA Advisors - By Appointment Only 8:30a Pool/Billiards (Game Room) 9:30a Prescription Drug Assistance Network (Clinic Room) 9:30a Mindful Breath & Movement 9:30a One Hour Fitness with Susan (MP1&2) 10:30a No Fear Watercolor - Beginning (MP3) 10:45a Soft Exercise with Susan - (MP1&2) 11:00a Taste of Italy - Spaghetti Lunch Fundraiser (BR) 11:30a Lito Castro - Music in the Bistro 11:30a Genealogy 2 - Continuing (Comm Rm B) 12:00p Ping Pong (The Studio) 1:15p Line Dancing - Beginner (MP3) 1:30p Genealogy 1 - Beginning (Comm Rm B) 2:30p Line Dancing - Intermediate (MP3)
26	27	28	29	30

Mon	Tue	Wed	Thu	Fri
26	27	28	29	30
8:00a SHIBA Advisors - By Appointment Only 8:30a Ping Pong (Game Room) 8:30a Pool/Billiards (Game Room) 9:30a Mindful Breath & Movement 9:30a One Hour Fitness with Susan (MP1&2) 10:00a Weekly Writers Group (Comm Room B) 10:00a Couples Country Dancing (MP3) 10:45a Soft Exercise with Susan - (MP1&2) 11:00a Senior Dining Program (Banquet Room) 11:30a Bridge - Duplicate (The Studio) 12:00p Driftwood Sculpture (MP4) 12:00p Rolling Crone Singers (MP3) 1:00p Legal Services (Clinic Rm 3) 1:00p Super Bingo - sponsored by Rosewood Courte Memory Care (MP1&2)	8:00a SHIBA Advisors - By Appointment Only 8:30a Ping Pong (Game Room) 8:30a Pool/Billiards (Game Room) 8:30a Pinochle (MP3) 9:00a Bridge - Party (MP4) 9:00a Spanish Conversation (Zoom) 9:30a Tuesday Walkers 10:00a Living Better in Retirement (CRB) 10:00a Gentle Yoga 11:00a Senior Dining Program (Banquet Room) 12:00p Jack Roy-Feczko - Music in the Bistro 12:30p Mah Jongg - American (MP4) 1:00p Bastyr Clinic (Clinic Rooms) - CANCELLED - 1:00p American Film History (MP3) 1:00p Sound Singers Choir (MP1&2)	8:00a SHIBA Advisors - By Appointment Only 8:30a Ping Pong (Game Room) 8:30a Pool/Billiards (Game Room) 9:30a One Hour Fitness with Susan (MP1&2) 10:00a Current Events Discussion (Comm Rm B) 10:00a EWC Public Tour (Lobby) 10:30a No Fear Drawing (MP3) 10:45a Soft Exercise with Susan - (MP1&2) 11:00a Senior Dining Program (Banquet Room) 11:45a Nick Baker - Music in the Bistro 1:00p Friendship Quilters (MP4) 1:00p Edmonds Ukulele Aikanes (MP1&2) 1:00p Improve Movement for Better Living - Free Class and Demonstration	8:00a SHIBA Advisors - By Appointment Only 8:00a Bastyr Clinic (Clinic Rooms) 8:30a Ping Pong (Game Room) 8:30a Pool/Billiards (Game Room) 8:30a Woodcarvers (MP4) 10:00a German Club (Comm Room B) 10:00a Clogging - Introduction to (MP1&2) 10:30a No Fear Watercolor - Intermediate (MP3) 10:45a Trip - Fall City Wallaby Ranch 11:00a Senior Dining Program (Banquet Room) 11:00a Clogging - Easy/Intermediate (MP1&2) 1:00p Bastyr Clinic (Clinic Rooms) 1:00p Aging Mastery Program (CRB) *FULL* 1:00p Senior Swingers Orchestra (MP1&2) 1:00p Parkinson's Dance & Movement for Any Body (MP4) 1:30p No Fear Portraits (MP3) 1:30p Intergenerational Book Group (Zoom)	8:00a SHIBA Advisors - By Appointment Only 8:30a Pool/Billiards (Game Room) 9:30a Mindful Breath & Movement 9:30a One Hour Fitness with Susan (MP1&2) 10:30a No Fear Watercolor - Beginning (MP3) 10:45a Soft Exercise with Susan - (MP1&2) 11:00a Senior Dining Program (Banquet Room) 11:30a Lito Castro - Music in the Bistro 11:30a Genealogy 2 - Continuing (Comm Rm B) 12:00p Ping Pong (The Studio) 1:00p Handmade Greeting Cards (MP4) 1:15p Line Dancing - Beginner (MP3) 1:30p Genealogy 1 - Beginning (Comm Rm B) 2:00p How Nutrition Can Help Reduce Your Risk of Cancer - Cooking Demo 2:30p Line Dancing - Intermediate (MP3)