



Monday	Tuesday	Wednesday	Thursday	Friday
4 Meatloaf Baked Potato w/ sour cream Broccoli Tropical Fruit Dinner Roll	5 Crispy Chicken Salad w/ Lettuce, tomato, egg, cucumber and cheese. Rustic Roll Banana	6 Baked Salmon Rosemary Potatoes Steamed Carrots Pears Dinner Roll	7 Pickled Beet Salad Macaroni and Cheese Garden Vegetables Peaches Cookie	8 Teriyaki Chicken Bowl w/ rice and stir fry vegetables Mandarin Oranges Fortune Cookie
11 Salisbury Steak Mashed Potatoes w/ gravy Dilled Carrots Fruit Cup Dinner Roll	12 Oven Roasted Chicken Rice Pilaf Scandinavian Vegetables Pears Dinner Roll	13 Coleslaw Bbq Pulled Pork and bun Crinkle Cut Fries Fresh Fruit	14 Tossed Salad Lasagna Broccoli Breadstick	15 Tuna Salad on Croissant Chips Cookie Apricots
18 	19 Roast beef w/ swiss on Kaiser roll Chips Fresh Fruit	20 Broccoli Cheddar Quiche Roasted Potatoes Muffin Banana	21 Tossed Salad Cheese Ravioli w/marinara and parmesan cheese Broccoli Fruit Mix	22 Carrot Raisin Salad Salmon Burger on ww bun w/ lettuce and tarter Crinkle Cut Fries Pineapple
25 Coleslaw Fish and Chips w/ tarter and ketchup Corn muffin Fresh Fruit	26 Oven Fried Chicken Sandwich w/lettuce and tomato Sweet Potato Fries Fresh Fruit	27 Tossed Salad Spaghetti and Meatballs California Mix Vegetables Garlic Bread Fresh Fruit	28 Chicken Caesar Salad w/ lemon wedge Breadstick Fruit Cup Brownie	29 Tossed Salad French Dip Potato Wedges Tropical Fruit
		<p>1% milk, roll or bread, and fortified margarine are available with all meals. <i>All fresh produce is subject to availability. Substitutions may be made without notice.</i> Suggested meal donation for eligible persons is \$3.00. For non-eligible persons, cost is \$7.50 per meal</p> 