



Monday	Tuesday	Wednesday	Thursday	Friday
	1 Chicken Salad on Croissant Chips Cookie Fresh Fruit	2 Stuffed Bell Pepper Rice Steamed Carrots Peaches	3 Broccoli Salad Turkey Cranberry Wrap Cheez It Crackers Apricots	4 Baked Chicken Thigh Mashed Potatoes w/ Gravy Cornbread Mixed Vegetables Fresh Fruit 
7 <b>Labor Day</b> 	8 Pickled Beet Salad Macaroni and Cheese Peas Fresh Fruit Dinner Roll	9 Tomato Soup Grilled Cheese Hummus & Pretzels Fruit Cocktail	10 Chicken Tenders w/bbq French Fries Corn on the Cob Fresh Fruit	11 Baked 4 Cheese Pasta w/ meat sauce Breadstick Winter Mix Veggies Pears
14 Pasta Salad Ham and Cheese Sandwich Chips Cookie Fresh Fruit	15 Chicken Teriyaki Bowl: Rice topped with Asian style vegetable and chicken teriyaki strips. Pineapple	16 Coleslaw French Dip w/ Au Jus Sweet Potato Puffs Seasonal Fresh Fruit	17 Broccoli Slaw BBQ Pulled Pork on ww bun French Fries Warm Peach Crisp	18 Baked Chicken Breast Scalloped Potatoes Green Beans Fresh Fruit Roll
21 BBQ Chicken Legs Harvest Rice Pilaf Country Vegetables Apricots Dinner Roll	22 Steak Quesadilla Spanish Rice Black Beans Mandarin Oranges	23 Tossed Salad French Bread Pizza Vanilla Pudding Fresh Fruit	24 Turkey Spinach Wrap Pea and Cheese Salad Chips Jell-O Fruit Cup	25 Potato salad Cheeseburger on ww bun Lettuce and tomato Baked Beans Watermelon
28 Spanish Omelet Hash Brown Yogurt Fresh Fruit	29 Spaghetti and meatballs w/ marinara and parmesan Garlic Bread Italian Vegetables Fresh Fruit	30 Black Bean Salad Salmon burger on w/ lettuce and tomato French Fries Peaches	  <h1 style="font-family: cursive;">September</h1>	

1% milk, roll or bread, and fortified margarine are available with all meals.

*All fresh produce is subject to availability.*

*Substitutions may be made without notice.*

Suggested meal donation for eligible persons is \$3.00. For non-eligible persons, cost is \$7.50 per meal