




Monday	Tuesday	Wednesday	Thursday	Friday
<p>2 Carrot Raisin Salad Crispy Chicken on Hoagie w/ lettuce and tomato Potato Wedges Pineapple</p>	<p>3 Tossed Salad Chicken Parmesan over spaghetti noodles w/ marinara. Steamed Broccoli Fresh Fruit</p>	<p>4 Lemon Herb Pollock Baked Potato Dilled Carrots Tropical Fruit</p>	<p>5 Tossed Salad French Bread Pizza Vanilla Pudding Peaches</p>	<p>6 Broccoli Slaw Chicken Alfredo on Penne Breadstick Winter Mix Veg Fresh Fruit</p>
<p>9 Pork Tenderloin Stuffing Sweet and Sour Cabbage Scalloped Apples</p>	<p>10 Minestrone Soup Chicken Salad on Croissant Veggie Tray w/ dip Cookie Fresh Fruit</p>	<p>11 </p>	<p>12 Country Fried Steak w/ mashed potatoes and country gravy Biscuit Peas and Carrots Tropical Fruit</p>	<p>13 Coleslaw Fish and Chips w/ tarter and ketchup Corn Muffin Apricots</p>
<p>16 Taco Salad w/ Beef, refried beans, lettuce, cheese, salsa &amp; sour cream over tortilla chips Pineapple</p>	<p>17 Chicken Gyro w/ lettuce, tomato, cucumber Turmeric Rice Hummus w/ Veggies Fresh Fruit</p>	<p>18 Chili topped Baked Potato w/ shredded Cheese Steamed Broccoli Peaches</p>	<p>19 Pea and Cheese Salad Swedish Meatballs over Egg Noodles Steamed Zucchini Apricots</p>	<p>20 <b>Thanksgiving Meal</b> Roasted Turkey Mashed Potatoes/Gravy Stuffing Cranberry Sauce Green Beans Pumpkin Pie/ Dinner Roll</p>
<p>23 Meatloaf Mashed Potatoes w/ gravy Green Beans Fresh Fruit</p>	<p>24 Lentil Soup w/ sausage Egg Salad Sandwich Chips Banana</p>	<p>25 Pickled Beet Salad Macaroni and Cheese Peas Peaches</p>	<p>26 </p>	<p>27 </p>
<p>30 Vegetable Soup Crispy Chicken Salad w/ tomatoes, cucumber, and shredded cheddar. Rustic Roll</p>	<p>1% milk, roll or bread, and fortified margarine are available with all meals. <i>All fresh produce is subject to availability. Substitutions may be made without notice.</i> Suggested meal donation for eligible persons is \$3.00. For non-eligible persons, cost is \$7.50 per meal.</p>		