








Monday	Tuesday	Wednesday	Thursday	Friday
	1 Tossed Salad Meatball Sub w/ Provolone Cheese Potato Wedges Peaches	2 Coleslaw Vinaigrette Chicken Skewers w/ peanut sauce on Rice Stir Fry Vegetables Fresh Fruit	3 Tossed Salad Beef Tomato and Macaroni Casserole Scandinavian Vegetables Tropical Fruit	4 Marinated Veggie Salad Tuna Salad Sandwich Chips Cookie Fresh Fruit
7 Tossed Salad Egg Salad Sandwich Chips Mandarin Oranges	8 Broccoli Coleslaw Golden Baked Chicken Rice Pilaf Mixed Vegetables Pears	9 Orange Juice French Toast Casserole Sausage Fruit Cocktail	10 Coleslaw BBQ Baked Chicken Thigh Rosemary Potatoes Green Beans Peaches	11 Turkey and Cheese on Flat Bread Carrots w/Ranch Dip Chips Fresh Fruit
14 Parmesan Spinach Salad Spanish Omelet Roasted Potatoes Yogurt with Diced Peaches	15 <i>Oktoberfest</i> Bratwurst with sauerkraut and peppers / roll Bavarian potato salad Apple strudel 	16 Broccoli Salad Chicken Pot Pie with vegetables & biscuit top Apricots Pudding	17 Dilled Cucumber Salad Turkey Tetrazzini Green Beans Pineapple	18 Marinated Veggie Salad Roast Beef Sandwich Chips Fresh Fruit
21 Black Bean Salad Grilled Cheese Roasted Sweet Potatoes Fresh Fruit	22 Tossed Salad Baked Ziti Breadstick Mixed Vegetables Applesauce	23 Lemon Herb Fish Herb Roasted Potatoes Butternut Squash Fresh Fruit	24 <u>Breakfast for Lunch</u> Scrambled Eggs Breakfast Corn Dog Hash Browns Fruit Cup	25 Tossed Salad Ham Sandwich Cookie Chips Fresh Fruit
28 Tossed Salad Pork Pot Roast Mashed Potatoes w/gravy Brussel Sprouts Tropical Fruit 	29 Pea and Cheese Salad Smothered Turkey on Egg Noodles Garden Vegetables Pears	30 Chopped Cucumber Salad Southwest Chicken Bake on Rice Fresh Fruit 	31 <i>Halloween</i> <i>Swamp grass salad</i> <i>Bloody Chicken fingers</i> <i>Vampire repelling garlic</i> <i>fries</i> <i>Bobbing apples</i> <i>Jack o' lantern bar</i>	

1% milk, roll or bread, and fortified margarine are available with all meals. All fresh produce is subject to availability. Substitutions may be made without notice.

Suggested meal donation for eligible persons is \$3.00. For non-eligible persons, cost is \$7.50 per meal