

Edmonds Waterfront Center

Connecting & Enriching Our Community

PO Box 717 • Edmonds WA 98020 • (425) 774-5555 • www.edmondswaterfrontcenter.org

ACTIVITY CALENDAR

OCTOBER 2020

			OCT 1 THURSDAY 8:00 PHZM Nurse 8:00 PHZM Social Worker 8:30 MLTSC Bastyr Clinic 11:00 ZOOM5 No Fear Watercolor: Int 12:00 DELIV Lunch	OCT 2 FRIDAY 8:00 PHZM Social Worker 9:00 PHZM Nurse 9:30 ZOOM2 One Hour Fitness 10:45 ZOOM2 Soft Exercise 11:00 ZOOM5 No Fear Watercolor: Beg 12:00 DELIV Lunch 1:30 ZOOM5 MA Support Group OCT 3 SATURDAY 12:00 DELIV Lunch OCT 4 SUNDAY 12:00 DELIV Lunch
OCT 5 MONDAY 8:00 PHZM Nurse 8:00 PHZM Social Worker 9:30 ZOOM2 One Hour Fitness 10:45 ZOOM2 Soft Exercise 12:00 DELIV Lunch 1:00 ZOOM5 Weekly Writer's Group	OCT 6 TUESDAY 8:00 PHZM Nurse 8:00 PHZM Social Worker 12:00 DELIV Lunch 1:00 ZOOM2 Sound Singers 1:30 PHZM Bastyr Clinic	OCT 7 WEDNESDAY 8:00 PHZM Nurse 8:00 PHZM Social Worker 9:30 ZOOM2 One Hour Fitness 10:45 ZOOM2 Soft Exercise 11:00 ZOOM5 No Fear Drawing 12:00 DELIV Lunch 1:00 PHZM Legal Advisor ZOOM2 Zoomele (Ukulele)	OCT 8 THURSDAY 8:00 PHZM Nurse 8:00 PHZM Social Worker 8:30 MLTSC Bastyr Clinic 11:00 ZOOM5 No Fear Watercolor: Int 12:00 DELIV Lunch	OCT 9 FRIDAY 8:00 PHZM Social Worker 9:00 PHZM Nurse 9:30 ZOOM2 One Hour Fitness 10:45 ZOOM2 Soft Exercise 11:00 ZOOM5 No Fear Watercolor: Beg 12:00 DELIV Lunch 1:30 ZOOM5 MA Support Group OCT 10 SATURDAY 12:00 DELIV Lunch OCT 11 SUNDAY 12:00 DELIV Lunch

MONTHLY CALENDAR CONTINUED ON BACK PAGE

CONTACT INFORMATION
 Edmonds Senior Center Admin Offices
www.EdmondsWaterfrontCenter.org
 425-774-5555

CONTACT INFORMATION
 Edmonds Senior Center Thrift Store
 22820 100th Ave W Ste 12, Edmonds
 425-977-0411

DIRECTORY
 DELIV Delivery
 MLTSC Mountlake Terrace Senior Center

DIRECTORY
 PHZM Phone and Zoom Available
 ZOOM Zoom Appointment/Class/Event

ACTIVITY CALENDAR OCTOBER 2020

<p>OCT 12 MONDAY</p> <p>8:00 PHZM Nurse 8:00 PHZM Social Worker 9:30 ZOOM2 One Hour Fitness 10:45 ZOOM2 Soft Exercise 12:00 DELIV Lunch 1:00 ZOOM5 Weekly Writer's Group</p>	<p>OCT 13 TUESDAY</p> <p>8:00 PHZM Nurse 8:00 PHZM Social Worker 12:00 DELIV Lunch 1:00 ZOOM2 Sound Singers 1:30 PHZM Bastyr Clinic</p>	<p>OCT 14 WEDNESDAY</p> <p>8:00 PHZM Nurse 8:00 PHZM Social Worker 9:30 ZOOM2 One Hour Fitness 10:45 ZOOM2 Soft Exercise 11:00 ZOOM5 No Fear Drawing 12:00 DELIV Lunch 1:00 ZOOM2 Zoomele (Ukulele)</p>	<p>OCT 15 THURSDAY</p> <p>8:00 PHZM Nurse 8:00 PHZM Social Worker 8:30 MLTSC Bastyr Clinic 11:00 ZOOM5 No Fear Watercolor: Int 12:00 DELIV Lunch</p>	<p>OCT 16 FRIDAY</p> <p>8:00 PHZM Social Worker 9:00 PHZM Nurse 9:30 ZOOM2 One Hour Fitness 10:45 ZOOM2 Soft Exercise 11:00 ZOOM5 No Fear Watercolor: Beg 12:00 DELIV Lunch 1:30 ZOOM5 MA Support Group</p> <p>OCT 17 SATURDAY 12:00 DELIV Lunch</p> <p>OCT 18 SUNDAY 12:00 DELIV Lunch</p>
<p>OCT 19 MONDAY</p> <p>8:00 PHZM Nurse 8:00 PHZM Social Worker 9:30 ZOOM2 One Hour Fitness 10:45 ZOOM2 Soft Exercise 12:00 DELIV Lunch 1:00 ZOOM5 Weekly Writer's Group</p>	<p>OCT 20 TUESDAY</p> <p>10:00 ZOOM ACT Workshop</p> <p>8:00 PHZM Nurse 8:00 PHZM Social Worker 12:00 DELIV Lunch 1:00 ZOOM2 Sound Singers 1:30 PHZM Bastyr Clinic</p>	<p>OCT 21 WEDNESDAY</p> <p>3:00 ZOOM BOD Meeting</p> <p>8:00 PHZM Nurse 8:00 PHZM Social Worker 9:30 ZOOM2 One Hour Fitness 10:45 ZOOM2 Soft Exercise 11:00 ZOOM5 No Fear Drawing 12:00 DELIV Lunch 1:00 ZOOM2 Zoomele (Ukulele)</p>	<p>OCT 22 THURSDAY</p> <p>8:00 PHZM Nurse 8:00 PHZM Social Worker 8:30 MLTSC Bastyr Clinic 11:00 ZOOM5 No Fear Watercolor: Int 12:00 DELIV Lunch</p>	<p>OCT 23 FRIDAY</p> <p>8:00 PHZM Social Worker 9:00 PHZM Nurse 9:30 ZOOM2 One Hour Fitness 10:45 ZOOM2 Soft Exercise 11:00 ZOOM5 No Fear Watercolor: Beg 12:00 DELIV Lunch 1:30 ZOOM5 MA Support Group</p> <p>OCT 24 SATURDAY 12:00 DELIV Lunch</p> <p>OCT 25 SUNDAY 12:00 DELIV Lunch</p>
<p>OCT 26 MONDAY</p> <p>8:00 PHZM Nurse 8:00 PHZM Social Worker 9:30 ZOOM2 One Hour Fitness 10:45 ZOOM2 Soft Exercise 12:00 DELIV Lunch 1:00 ZOOM5 Weekly Writer's Group</p>	<p>OCT 27 TUESDAY</p> <p>8:00 PHZM Nurse 8:00 PHZM Social Worker 12:00 DELIV Lunch 1:00 ZOOM2 Sound Singers 1:30 PHZM Bastyr Clinic</p>	<p>OCT 28 WEDNESDAY</p> <p>6:30 ZOOM Virtual Trivia Night</p> <p>8:00 PHZM Nurse 8:00 PHZM Social Worker 9:30 ZOOM2 One Hour Fitness 10:45 ZOOM2 Soft Exercise 11:00 ZOOM5 No Fear Drawing 12:00 DELIV Lunch 1:00 ZOOM2 Zoomele (Ukulele)</p>	<p>OCT 29 THURSDAY</p> <p>10:00 ZOOM Breast Health Workshop</p> <p>8:00 PHZM Nurse 8:00 PHZM Social Worker 8:30 MLTSC Bastyr Clinic 11:00 ZOOM5 No Fear Watercolor: Int 12:00 DELIV Lunch 1:00 ZOOM2 IG Book Group</p>	<p>OCT 30 FRIDAY</p> <p>8:00 PHZM Social Worker 9:00 PHZM Nurse 9:30 ZOOM2 One Hour Fitness 10:45 ZOOM2 Soft Exercise 11:00 ZOOM5 No Fear Watercolor: Beg 12:00 DELIV Lunch 1:30 ZOOM5 MA Support Group</p> <p>OCT 31 SATURDAY 12:00 DELIV Lunch</p>