

# Edmonds Senior Center

Connecting & Enriching Our Community

PO Box 717 • 220 Railroad Ave • Edmonds, Wa 98020 • Phone: 425.774.5555 • www.edmondssc.org

## ACTIVITY CALENDAR

OCTOBER 2019

OCT	OCT 1	OCT 2	OCT 3	OCT 4
	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		10:00 EL Meet The Author		8:30 EUMC Community Breakfast
	8:00 MSP Tuesday Foot Clinic 8:30 HTC Pinochle HTC Woodcarving TLC Social Worker 9:00 HTC Bridge Intermediate 10:00 6MF Gentle Yoga FAC Ping Pong FWBC Pool 11:30 HTC Lunch 12:00 HTC Ice Cream Social HTC Mah Jongg - American 1:00 EUMC Sound Singers FAC China Painting HRC Modern World History	8:30 FAC Tai Chi - Beginning HTC Woodcarving TLC Social Worker 9:00 ECOG Nurse MLTSC Bastyr Clinic MSP Quilters 9:30 ECOG Enhance Fitness 9:45 FAC Tai Chi - Intermediate 10:00 FAC Ping Pong FWBC Pool HTC Gotzze MPC Current Events Discussion 10:30 ECOG Soft Exercise 10:45 EUMC Bible Study 11:30 HTC Lunch 1:00 HTC Bingo MPC Ukulele SLG Legal Advisor 1:30 FAC No Fear Watercolor	8:30 TLC Social Worker 9:00 HTC Poker 9:30 EUMC American Clogging Beg 10:00 ECOG German Club FAC No Fear Watercolor FWBC Pool 10:15 EUMC American Clogging Beg + 11:00 EUMC American Clogging Int 11:30 HTC Lunch 1:00 ECOG Senior Swingers Orchestra HTC Haircuts 1:30 CCMC Parkinson's Move & Dance 2:30 FAC Spanish - Level 2/Int	8:30 TLC Social Worker 9:30 ECOG Enhance Fitness 10:00 FAC Ping Pong FWBC Pool HTC Gotzze 10:30 ECOG Soft Exercise EL Tech Help for Seniors 11:30 HTC Lunch 1:00 ECOG Friday Fling w/ Nice 'n Easy 1:30 HTC No Fear Drawing

OCT 7	OCT 8	OCT 9	OCT 10	OCT 11
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
8:30 FAC Tai Chi - Advanced TLC Social Worker 9:00 HTC Poker 9:30 ECOG Enhance Fitness 10:00 FWBC Pool HTC Gotzze 10:30 ECOG Soft Exercise 11:30 ECOG Duplicate Bridge HTC Lunch 12:00 FAC Driftwood Sculpture 1:00 MLTSC Reader's Theatre 3:30 FAC Learn to Line Dance	8:00 MSP Tuesday Foot Clinic 8:30 HTC Pinochle HTC Woodcarving TLC Social Worker 9:00 ECOG SHIBA/Health Insurance HTC Bridge Intermediate 10:00 6MF Gentle Yoga FAC Ping Pong FWBC Pool 11:30 HTC Lunch 12:00 HTC Mah Jongg - American 1:00 FAC China Painting HRC Modern World History	8:30 FAC Tai Chi - Beginning HTC Woodcarving TLC Social Worker 9:00 ECOG Nurse MLTSC Bastyr Clinic MSP Quilters 9:30 ECOG Enhance Fitness 9:45 FAC Tai Chi - Intermediate 10:00 FAC Ping Pong FWBC Pool HTC Gotzze HTC Jewelry Repair Services MPC Current Events Discussion 10:30 ECOG Soft Exercise 10:45 EUMC Bible Study 11:30 HTC Lunch 1:00 HTC Bingo MPC Ukulele 1:30 FAC No Fear Watercolor	8:30 TLC Social Worker 9:00 HTC Poker 9:30 EUMC American Clogging Beg 10:00 ECOG German Club FAC No Fear Watercolor FWBC Pool 10:15 EUMC American Clogging Beg + 11:00 EUMC American Clogging Int 11:30 HTC Lunch 12:00 HTC Edmonds Auxiliary VFW 1:00 ECOG Senior Swingers Orchestra 1:30 CCMC Parkinson's Move & Dance 2:30 FAC Spanish - Level 2/Int	8:30 TLC Social Worker 9:30 ECOG Enhance Fitness 10:00 FAC Ping Pong FWBC Pool HTC Gotzze 10:30 ECOG Soft Exercise EL Tech Help for Seniors 11:30 HTC Lunch 1:00 ECOG Friday Fling w/Astoria ECOG Writers Group 1:30 FAC No Fear Drawing

MONTHLY CALENDAR CONTINUED ON BACK PAGE

LOCATION DIRECTORY	
6MF	6 Movements Fitness
CCMC	Cedar Creek Memory Care
CH	City Hall
ECOG	Edmonds Church of God

LOCATION DIRECTORY	
EL	Edmonds Library
EUMC	Edmonds United Methodist Church
FWBC	Fairwinds Brighton Court

LOCATION DIRECTORY	
FAC	Frances Anderson Center
GLC	Grace Lutheran Church
HRC	Holy Rosary Church

LOCATION DIRECTORY	
HTC	Holy Trinity Church
MPC	Maplewood Presbyterian Church
MLTSC	Mountlake Terrace Senior Center

LOCATION DIRECTORY	
MSP	My Sisters Place
SLG	Sanders Law Group
TLC	Trinity Lutheran Church

WEEKEND EVENTS	
10/12 1:00pm	Dine @ Romeos (21110 76th Ave W, Edmonds)

CONTACT INFORMATION	
Edmonds Senior Center Admin Offices	
www.edmondssc.org	
425-774-5555	
M-F 8:00am-5:00pm	

CONTACT INFORMATION	
Edmonds Senior Center Thrift Store	
22820 100th Ave W Ste 12, Edmonds	
425-774-5555 ext. 111	
M-Sat 10:00am-4:00pm	

ACTIVITY CALENDAR OCTOBER 2019

OCT 14	MONDAY	
8:30	FAC	Tai Chi - Advanced
	TLC	Social Worker
9:00	HTC	Poker
9:30	ECOG	Enhance Fitness
10:00	ECOG	Financial Advisor
	FWBC	Pool
	HTC	Gotzze
10:30	ECOG	Soft Exercise
11:30	ECOG	Duplicate Bridge
	HTC	Lunch
12:00	FAC	Driftwood Sculpture
1:00	MLTSC	Reader's Theatre
3:30	FAC	Learn to Line Dance

OCT 15	TUESDAY	
8:30	HTC	Pinochle
	HTC	Woodcarving
	TLC	Social Worker
9:00	ECOG	Nurse
	HTC	Bridge Intermediate
10:00	6MF	Gentle Yoga
	FAC	Ping Pong
	FWBC	Pool
11:30	HTC	Lunch
12:00	HTC	Mah Jongg - American
1:00	EUMC	Early Stage Memory Loss
	EUMC	Sound Singers
	FAC	China Painting
	HRC	Modern World History

OCT 16	WEDNESDAY	
3:30	CH	Board of Directors Meeting
8:30	FAC	Tai Chi - Beginning
	HTC	Woodcarving
	TLC	Social Worker
9:00	ECOG	Nurse
	MLTSC	Bastyr Clinic
	MSP	Quilters
9:30	ECOG	Enhance Fitness
9:45	FAC	Tai Chi - Intermediate
10:00	FAC	Ping Pong
	FWBC	Pool
	HTC	Gotzze
	MPC	Current Events Discussion
10:30	ECOG	Soft Exercise
10:45	EUMC	Bible Study
11:30	HTC	Lunch
12:00	GLC	AARP Defensive Driving
1:00	HTC	Bingo
	MPC	Ukulele
1:30	FAC	No Fear Watercolor

OCT 17	THURSDAY	
8:30	TLC	Social Worker
9:00	HTC	Poker
9:30	EUMC	American Clogging Beg
10:00	ECOG	German Club
	FAC	No Fear Watercolor
	FWBC	Pool
10:15	EUMC	American Clogging Beg +
11:00	EUMC	American Clogging Int
11:30	HTC	Lunch
12:00	GLC	AARP Defensive Driving
12:30	HTC	Mah Jongg - Chinese
1:00	ECOG	Senior Swingers Orchestra
	HTC	Haircuts
1:30	CCMC	Parkinson's Move & Dance
2:30	FAC	Spanish - Level 2/Int

OCT 18	FRIDAY	
8:30	TLC	Social Worker
9:30	ECOG	Enhance Fitness
10:00	FAC	Ping Pong
	FWBC	Pool
	HTC	Gotzze
10:30	ECOG	Soft Exercise
	EL	Tech Help for Seniors
11:30	HTC	Lunch
1:00	ECOG	Friday Fling w/ Nice 'n Easy
	ECOG	Writer's Group
1:30	FAC	No Fear Drawing

OCT 21	MONDAY	
8:30	FAC	Tai Chi - Advanced
	TLC	Social Worker
9:00	HTC	Poker
9:30	ECOG	Enhance Fitness
	FWBC	Pool
	HTC	Gotzze
10:30	ECOG	Soft Exercise
11:30	ECOG	Duplicate Bridge
	HTC	Lunch
12:00	FAC	Driftwood Sculpture
1:00	MLTSC	Reader's Theatre
3:30	FAC	Learn to Line Dance

OCT 22	TUESDAY	
8:30	HTC	Pinochle
	HTC	Woodcarving
	TLC	Social Worker
9:00	ECOG	Nurse
	HTC	Bridge Intermediate
10:00	6MF	Gentle Yoga
	FAC	Ping Pong
	FWBC	Pool
11:30	HTC	Lunch
12:00	HTC	Mah Jongg - American
1:00	EUMC	Sound Singers
	FAC	China Painting
	HRC	Modern World History

OCT 23	WEDNESDAY	
5:00	MLTSC	Oktoberfest Dinner
8:30	FAC	Tai Chi - Beginning
	HTC	Woodcarving
	TLC	Social Worker
9:00	ECOG	Nurse
	MLTSC	Bastyr Clinic
	MSP	Quilters
9:30	ECOG	Enhance Fitness
9:45	FAC	Tai Chi - Intermediate
10:00	FAC	Ping Pong
	FWBC	Pool
	HTC	Gotzze
	HTC	Jewelrv Repair Services
	MPC	Current Events Discussion
10:30	ECOG	Soft Exercise
10:45	EUMC	Bible Study
11:30	HTC	Lunch
1:00	HTC	Bingo
	MPC	Ukulele
1:30	FAC	No Fear Watercolor

OCT 24	THURSDAY	
8:30	TLC	Social Worker
9:00	HTC	Poker
9:30	EUMC	American Clogging Beg
10:00	ECOG	German Club
	FAC	No Fear Watercolor
	FWBC	Pool
10:15	EUMC	American Clogging Beg +
11:00	EUMC	American Clogging Int
11:30	HTC	Lunch
1:00	ECOG	Senior Swingers Orchestra
1:30	CCMC	Parkinson's Move & Dance
2:30	FAC	Spanish - Level 2/Int

OCT 25	FRIDAY	
8:30	TLC	Social Worker
9:30	ECOG	Enhance Fitness
10:00	FAC	Ping Pong
	FWBC	Pool
	HTC	Gotzze
10:30	ECOG	Soft Exercise
	EL	Tech Help for Seniors
11:30	HTC	Lunch
1:00	ECOG	Friday Fling w/Astoria
	ECOG	Writers Group
1:30	FAC	No Fear Drawing

OCT 28	MONDAY	
8:30	FAC	Tai Chi - Advanced
	TLC	Social Worker
9:00	HTC	Poker
9:30	ECOG	Enhance Fitness
10:00	FWBC	Pool
	HTC	Gotzze
10:30	ECOG	Soft Exercise
11:30	ECOG	Duplicate Bridge
	HTC	Lunch
12:00	FAC	Driftwood Sculpture
1:00	MLTSC	Reader's Theatre
3:30	FAC	Learn to Line Dance

OCT 29	TUESDAY	
8:30	HTC	Pinochle
	HTC	Woodcarving
	TLC	Social Worker
9:00	ECOG	Nurse
	HTC	Bridge Intermediate
10:00	6MF	Gentle Yoga
	FAC	Ping Pong
	FWBC	Pool
11:30	HTC	Lunch
12:00	HTC	Mah Jongg - American
1:00	EUMC	Sound Singers
	FAC	China Painting
	HRC	Modern World History

OCT 30	WEDNESDAY	
8:30	FAC	Tai Chi - Beginning
	HTC	Woodcarving
	TLC	Social Worker
9:00	ECOG	Nurse
	MLTSC	Bastyr Clinic
	MSP	Quilters
9:30	ECOG	Enhance Fitness
9:45	FAC	Tai Chi - Intermediate
10:00	FAC	Ping Pong
	FWBC	Pool
	HTC	Gotzze
	MPC	Current Events Discussion
10:30	ECOG	Soft Exercise
10:45	EUMC	Bible Study
11:30	HTC	Lunch
1:00	GLC	Millie's Movie
	HTC	Bingo
	MPC	Ukulele
1:30	FAC	No Fear Watercolor

OCT 31	THURSDAY	
8:30	TLC	Social Worker
9:00	HTC	Poker
10:00	ECOG	German Club
	FAC	No Fear Watercolor
	FWBC	Pool
11:30	HTC	Lunch
1:00	ECOG	Senior Swingers Orchestra
1:30	CCMC	Parkinson's Move & Dance
2:30	FAC	Spanish - Level 2/Int