

Edmonds Waterfront Center

Home of the Edmonds Senior Center

Connecting & Enriching Our Community

PO Box 717 • Edmonds WA 98020 • (425) 774-5555 • www.edmondswaterfrontcenter.org

ACTIVITY CALENDAR

FEBRUARY 2021

FEB 1	MONDAY	FEB 2	TUESDAY	FEB 3	WEDNESDAY	FEB 4	THURSDAY	FEB 5	FRIDAY	
		1:00 ZOOM Chronic Pain Workshop								
8:00 PHZM Nurse 8:00 PHZM Social Worker 9:30 ZOOM2 One Hour Fitness 10:45 ZOOM2 Soft Exercise 12:00 DELIV Lunch 1:00 ZOOM5 Weekly Writer's Group		8:00 PHZM Nurse 8:00 PHZM Social Worker 12:00 DELIV Lunch 1:00 ZOOM2 Sound Singers 1:30 PHZM Bastyr Clinic		8:00 PHZM Nurse 8:00 PHZM Social Worker 9:30 ZOOM2 One Hour Fitness 10:45 ZOOM2 Soft Exercise 11:00 ZOOM5 No Fear Drawing 12:00 DELIV Lunch 1:00 PHZM Legal Advisor ZOOM2 Zoomele (Ukulele)		8:00 PHZM Nurse 8:00 PHZM Social Worker 8:30 PHZM Bastyr Clinic 11:00 ZOOM5 No Fear Watercolor: Int 12:00 DELIV Lunch 1:00 ZOOM2 PD Dance & Movement		8:00 PHZM Social Worker 9:00 PHZM Nurse 9:30 ZOOM2 One Hour Fitness 10:45 ZOOM2 Soft Exercise 11:00 ZOOM5 No Fear Watercolor: Beg 12:00 DELIV Lunch		
								FEB 6	SATURDAY	
								12:00 DELIV Lunch		
								FEB 7	SUNDAY	
								12:00 DELIV Lunch		
FEB 8	MONDAY	FEB 9	TUESDAY	FEB 10	WEDNESDAY	FEB 11	THURSDAY	FEB 12	FRIDAY	
		1:00 ZOOM Chronic Pain Workshop			12:00 ZOOM Waterfront Forum					
8:00 PHZM Nurse 8:00 PHZM Social Worker 9:30 ZOOM2 One Hour Fitness 10:45 ZOOM2 Soft Exercise 12:00 DELIV Lunch 1:00 ZOOM5 Weekly Writer's Group		8:00 PHZM Nurse 8:00 PHZM Social Worker 12:00 DELIV Lunch 1:00 ZOOM2 Sound Singers 1:30 PHZM Bastyr Clinic		6:00 ZOOM Welcome to Medicare 8:00 PHZM Nurse 8:00 PHZM Social Worker 9:30 ZOOM2 One Hour Fitness 10:45 ZOOM2 Soft Exercise 11:00 ZOOM5 No Fear Drawing 12:00 DELIV Lunch 1:00 ZOOM2 Zoomele (Ukulele)		8:00 PHZM Nurse 8:00 PHZM Social Worker 8:30 PHZM Bastyr Clinic 11:00 ZOOM5 No Fear Watercolor: Int 12:00 DELIV Lunch 1:00 ZOOM2 PD Dance & Movement		8:00 PHZM Social Worker 9:00 PHZM Nurse 9:30 ZOOM2 One Hour Fitness 10:45 ZOOM2 Soft Exercise 11:00 ZOOM5 No Fear Watercolor: Beg 12:00 DELIV Lunch		
								FEB 13	SATURDAY	
								12:00 DELIV Lunch		
								FEB 14	SUNDAY	
								12:00 DELIV Lunch		

MONTHLY CALENDAR CONTINUED ON BACK PAGE

CONTACT INFORMATION

Edmonds Waterfront Center Offices
www.EdmondsWaterfrontCenter.org
425-774-5555

CONTACT INFORMATION

Edmonds Senior Center Thrift Store
22820 100th Ave W Ste 12, Edmonds
425-977-0411

DIRECTORY

DELIV Delivery
EWCZM In Person and Zoom Available

DIRECTORY

PHZM Phone and Zoom Available
ZOOM Zoom Appointment/Class/Event

ACTIVITY CALENDAR FEBRUARY 2021

FEB 15	MONDAY	FEB 16	TUESDAY	FEB 17	WEDNESDAY	FEB 18	THURSDAY	FEB 19	FRIDAY	
<p>CLOSED FOR HOLIDAY</p>		1:00 ZOOM Chronic Pain Workshop	3:00 ZOOM BOD Meeting	2:00 ZOOM Welcome to Medicare	<p>6:30 Virtual Trivia Night</p> <p>8:00 PHZM Nurse</p> <p>8:00 PHZM Social Worker</p> <p>8:30 PHZM Bastyr Clinic</p> <p>11:00 ZOOM5 No Fear Watercolor: Int</p> <p>12:00 DELIV Lunch</p> <p>1:00 ZOOM2 PD Dance & Movement</p>		8:00 PHZM Social Worker	<p>8:00 PHZM Social Worker</p>		
		8:00 PHZM Nurse	8:00 PHZM Nurse	8:00 PHZM Nurse			9:00 ZOOM5 Conv Spanish: Beg			9:00 PHZM Nurse
		9:00 ZOOM5 Conv Spanish: Beg	9:30 ZOOM2 One Hour Fitness	8:00 PHZM Social Worker			9:30 ZOOM2 One Hour Fitness			9:30 ZOOM2 One Hour Fitness
		12:00 DELIV Lunch	10:45 ZOOM2 Soft Exercise	8:30 PHZM Bastyr Clinic			10:45 ZOOM2 Soft Exercise			10:45 ZOOM2 Soft Exercise
1:00 ZOOM2 Sound Singers	11:00 ZOOM5 No Fear Drawing	11:00 ZOOM5 No Fear Watercolor: Int	11:00 ZOOM5 No Fear Drawing	11:00 ZOOM5 No Fear Watercolor: Beg						
1:30 PHZM Bastyr Clinic	12:00 DELIV Lunch	12:00 DELIV Lunch	12:00 DELIV Lunch	12:00 DELIV Lunch						
		1:00 ZOOM2 Zoomele (Ukulele)								
								FEB 20	SATURDAY	
								12:00 DELIV Lunch		
								FEB 21	SUNDAY	
								12:00 DELIV Lunch		
FEB 22	MONDAY	FEB 23	TUESDAY	FEB 24	WEDNESDAY	FEB 25	THURSDAY	FEB 26	FRIDAY	
<p>8:00 PHZM Nurse</p> <p>8:00 PHZM Social Worker</p> <p>9:30 ZOOM2 One Hour Fitness</p> <p>10:45 ZOOM2 Soft Exercise</p> <p>12:00 DELIV Lunch</p> <p>1:00 ZOOM5 Weekly Writer's Group</p>		1:00 ZOOM Chronic Pain Workshop	6:00 ZOOM Welcome to Medicare	<p>8:00 PHZM Nurse</p> <p>8:00 PHZM Social Worker</p> <p>8:30 EWCZM Bastyr Clinic</p> <p>11:00 ZOOM5 No Fear Watercolor: Int</p> <p>12:00 DELIV Lunch</p> <p>1:00 ZOOM2 PD Dance & Movement</p> <p>1:30 ZOOM5 IG Book Group</p>		8:00 PHZM Social Worker	<p>8:00 PHZM Social Worker</p>			
		8:00 PHZM Nurse	8:00 PHZM Nurse			8:00 PHZM Nurse			9:00 ZOOM5 Conv Spanish: Beg	9:00 PHZM Nurse
		8:00 PHZM Social Worker	9:30 ZOOM2 One Hour Fitness			8:00 PHZM Social Worker			9:30 ZOOM2 One Hour Fitness	9:30 ZOOM2 One Hour Fitness
		9:00 ZOOM5 Conv Spanish: Beg	10:45 ZOOM2 Soft Exercise			8:30 EWCZM Bastyr Clinic			10:45 ZOOM2 Soft Exercise	10:45 ZOOM2 Soft Exercise
12:00 DELIV Lunch	11:00 ZOOM5 No Fear Drawing	11:00 ZOOM5 No Fear Watercolor: Int	11:00 ZOOM5 No Fear Drawing	11:00 ZOOM5 No Fear Watercolor: Beg						
1:00 ZOOM5 Weekly Writer's Group	12:00 DELIV Lunch	12:00 DELIV Lunch	12:00 DELIV Lunch	12:00 DELIV Lunch						
		1:30 PHZM Bastyr Clinic								
								FEB 27	SATURDAY	
								12:00 DELIV Lunch		
								FEB 28	SUNDAY	
								12:00 DELIV Lunch		