

Edmonds Waterfront Center

Home of the Edmonds Senior Center

Connecting & Enriching Our Community

PO Box 717 • Edmonds WA 98020 • (425) 774-5555 • www.edmondswaterfrontcenter.org

ACTIVITY CALENDAR

JANUARY 2021

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|--|--|--|--|--|
| | | | | JAN 1 FRIDAY <p style="text-align: center; color: red;">CLOSED FOR HOLIDAY</p> |
| | | | | JAN 2 SATURDAY 12:00 DELIV Lunch |
| | | | | JAN 3 SUNDAY 12:00 DELIV Lunch |
| JAN 4 MONDAY 8:00 PHZM Nurse 8:00 PHZM Social Worker 9:30 ZOOM2 One Hour Fitness 10:45 ZOOM2 Soft Exercise 12:00 DELIV Lunch 1:00 ZOOM5 Weekly Writer's Group | JAN 5 TUESDAY 8:00 PHZM Nurse 8:00 PHZM Social Worker 12:00 DELIV Lunch 1:00 ZOOM2 Sound Singers 1:30 PHZM Bastyr Clinic | JAN 6 WEDNESDAY 8:00 PHZM Nurse 8:00 PHZM Social Worker 9:30 ZOOM2 One Hour Fitness 10:45 ZOOM2 Soft Exercise 11:00 ZOOM5 No Fear Drawing 12:00 DELIV Lunch 1:00 PHZM Legal Advisor ZOOM2 Zoomele (Ukulele) | JAN 7 THURSDAY 8:00 PHZM Nurse 8:00 PHZM Social Worker 8:30 PHZM Bastyr Clinic 11:00 ZOOM5 No Fear Watercolor: Int 12:00 DELIV Lunch 1:00 ZOOM2 PD Dance & Movement | JAN 8 FRIDAY 8:00 PHZM Social Worker 9:00 PHZM Nurse 9:30 ZOOM2 One Hour Fitness 10:45 ZOOM2 Soft Exercise 11:00 ZOOM5 No Fear Watercolor: Beg 12:00 DELIV Lunch 1:30 ZOOM5 MA Support Group |
| | | | | JAN 9 SATURDAY 12:00 DELIV Lunch |
| | | | | JAN 10 SUNDAY 12:00 DELIV Lunch |

MONTHLY CALENDAR CONTINUED ON BACK PAGE

CONTACT INFORMATION
Edmonds Waterfront Center Offices
www.EdmondsWaterfrontCenter.org
425-774-5555

CONTACT INFORMATION
Edmonds Senior Center Thrift Store
22820 100th Ave W Ste 12, Edmonds
425-977-0411

DIRECTORY
DELIV Delivery
PHZM Phone and Zoom Available
ZOOM Zoom Appointment/Class/Event

ACTIVITY CALENDAR JANUARY 2021

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|--|---|--|---|--|
| <p>JAN 11 MONDAY</p> <p>8:00 PHZM Nurse 8:00 PHZM Social Worker 9:30 ZOOM2 One Hour Fitness 10:45 ZOOM2 Soft Exercise 12:00 DELIV Lunch 1:00 ZOOM5 Weekly Writer's Group</p> | <p>JAN 12 TUESDAY</p> <p>8:00 PHZM Nurse 8:00 PHZM Social Worker 12:00 DELIV Lunch 1:00 ZOOM2 Sound Singers 1:30 PHZM Bastyr Clinic</p> | <p>JAN 13 WEDNESDAY</p> <p>12:00 ZOOM Waterfront Forum 6:30 ZOOM Welcome To Medicare 8:00 PHZM Nurse 8:00 PHZM Social Worker 9:30 ZOOM2 One Hour Fitness 10:45 ZOOM2 Soft Exercise 11:00 ZOOM5 No Fear Drawing 12:00 DELIV Lunch 1:00 ZOOM2 Zoomele (Ukulele)</p> | <p>JAN 14 THURSDAY</p> <p>8:00 PHZM Nurse 8:00 PHZM Social Worker 8:30 PHZM Bastyr Clinic 11:00 ZOOM5 No Fear Watercolor: Int 12:00 DELIV Lunch 1:00 ZOOM2 PD Dance & Movement</p> | <p>JAN 15 FRIDAY</p> <p>8:00 PHZM Social Worker 9:00 PHZM Nurse 9:30 ZOOM2 One Hour Fitness 10:45 ZOOM2 Soft Exercise 11:00 ZOOM5 No Fear Watercolor: Beg 12:00 DELIV Lunch 1:30 ZOOM5 MA Support Group</p> <p>JAN 16 SATURDAY 12:00 DELIV Lunch</p> <p>JAN 17 SUNDAY 12:00 DELIV Lunch</p> |
| <p>JAN 18 MONDAY</p> <p style="text-align: center;">CLOSED FOR HOLIDAY</p> | <p>JAN 19 TUESDAY</p> <p>1:00 ZOOM Chronic Pain Workshop 8:00 PHZM Nurse 8:00 PHZM Social Worker 12:00 DELIV Lunch 1:00 ZOOM2 Sound Singers 1:30 PHZM Bastyr Clinic</p> | <p>JAN 20 WEDNESDAY</p> <p>3:00 ZOOM BOD Meeting 8:00 PHZM Nurse 8:00 PHZM Social Worker 9:30 ZOOM2 One Hour Fitness 10:45 ZOOM2 Soft Exercise 11:00 ZOOM5 No Fear Drawing 12:00 DELIV Lunch 1:00 ZOOM2 Zoomele (Ukulele)</p> | <p>JAN 21 THURSDAY</p> <p>10:00 ZOOM Adv Directives Workshop 2:00 ZOOM Welcome to Medicare 8:00 PHZM Nurse 8:00 PHZM Social Worker 8:30 PHZM Bastyr Clinic 11:00 ZOOM5 No Fear Watercolor: Int 12:00 DELIV Lunch 1:00 ZOOM2 PD Dance & Movement</p> | <p>JAN 22 FRIDAY</p> <p>8:00 PHZM Social Worker 9:00 PHZM Nurse 9:30 ZOOM2 One Hour Fitness 10:45 ZOOM2 Soft Exercise 11:00 ZOOM5 No Fear Watercolor: Beg 12:00 DELIV Lunch 1:30 ZOOM5 MA Support Group</p> <p>JAN 23 SATURDAY 12:00 DELIV Lunch</p> <p>JAN 24 SUNDAY 12:00 DELIV Lunch</p> |
| <p>JAN 25 MONDAY</p> <p>8:00 PHZM Nurse 8:00 PHZM Social Worker 9:30 ZOOM2 One Hour Fitness 10:45 ZOOM2 Soft Exercise 12:00 DELIV Lunch 1:00 ZOOM5 Weekly Writer's Group</p> | <p>JAN 26 TUESDAY</p> <p>1:00 ZOOM Chronic Pain Workshop 8:00 PHZM Nurse 8:00 PHZM Social Worker 12:00 DELIV Lunch 1:00 ZOOM2 Sound Singers 1:30 PHZM Bastyr Clinic</p> | <p>JAN 27 WEDNESDAY</p> <p>12:00 ZOOM Waterfront Forum 6:30 ZOOM Welcome to Medicare 8:00 PHZM Nurse 8:00 PHZM Social Worker 9:30 ZOOM2 One Hour Fitness 10:45 ZOOM2 Soft Exercise 11:00 ZOOM5 No Fear Drawing 12:00 DELIV Lunch 1:00 ZOOM2 Zoomele (Ukulele)</p> | <p>JAN 28 THURSDAY</p> <p>8:00 PHZM Nurse 8:00 PHZM Social Worker 8:30 PHZM Bastyr Clinic 11:00 ZOOM5 No Fear Watercolor: Int 12:00 DELIV Lunch 1:00 ZOOM2 PD Dance & Movement 1:30 ZOOM5 IG Book Group</p> | <p>JAN 29</p> <p>8:00 PHZM Social Worker 9:00 PHZM Nurse 9:30 ZOOM2 One Hour Fitness 10:45 ZOOM2 Soft Exercise 11:00 ZOOM5 No Fear Watercolor: Beg 12:00 DELIV Lunch 1:30 ZOOM5 MA Support Group</p> <p>JAN 30 SATURDAY 12:00 DELIV Lunch</p> <p>JAN 31 SUNDAY 12:00 DELIV Lunch</p> |